

# National Prevention Network Conference, Buffalo NY – Workshop Session VI

## Preparing Prevention Staff to Assist and Train Communities for Implementation of SPF: Tools and Tactics You Can Use 9-15-16, Presented by Brenda Salvati

**Handout Objective One:** Demonstrate familiarity with the Strategic Prevention Framework (SPF) phases including cultural competence and sustainability.

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### ☞ Welcome & Introduction Activities & Links:

- ☞ **Activity 1 – Basic (Name, Title, Agency, Expectation) – see presentation**
- ☞ **Activity 2 – Question Mingle with Dots – see presentation**
- ☞ **Activity 3 – Common Ground – see presentation**
- ☞ **Activity 4 – The Question Web – see presentation**
- ☞ **Activity 5 – Would you rather..? – see presentation**
- ☞ **Links to available online resources for activities, icebreakers, energizers, etc.:**  
[http://insight.typepad.co.uk/40\\_icebreakers\\_for\\_small\\_groups.pdf](http://insight.typepad.co.uk/40_icebreakers_for_small_groups.pdf)

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### ☞ Training Checklist:

- ☞ **Always preface prevention training checklists with your agency required trainings and the required trainings by funding sources:**

- ☞ **CADCA Primers:** <http://www.cadca.org/resources> search for primer  
Assessment Primer, Capacity Primer, Planning Primer, Implementation Primer, Evaluation Primer, Sustainability Primer, Cultural Competence Primer, Handbook for Community Anti-Drug Coalitions, Drug Free Communities Support Program Grantee Roadmap to Success

- ☞ **List of Informative Email Newsletters:**

- <http://www.drugfree.org/join-together/>
- [Building Blocks for a Healthy Future](#)
- [Family Guide To Keeping Youth Mentally Healthy & Drug Free](#)
- [Reach Out Now National Teach-In](#)
- [Too Smart To Start](#)
- [Underage Alcohol Prevention Initiative Web Portal](#)
- <http://download.ncadi.samhsa.gov/prevline/pdfs/>
- <https://www.myctb.org/wst/KSPrevention/workgroups/default.aspx>
- <https://www.peacebuilders.com/trainingSupport/supportPackage.php>
- Review the Kansas Family Partnership website: <http://www.kansasfamily.com/>
- Review the National Family Partnership website: <http://nfp.org/>
- National Awareness Days: <http://www.national-awareness-days.com/>

- ☞ **IC&RC Prevention Specialist Information:** <http://www.internationalcredentialing.org/creds/ps>

- ☞ **Local, State, National & International Training Links:**

- <http://seedsforchange.org.uk/tools.pdf>
- <http://ctb.ku.edu/en/table-of-contents/leadership/group-facilitation/facilitation-skills/main>
- <http://www.slideshare.net/eastleaf/basic-facilitation-skills>
- <http://www.slideshare.net/activepresence/the-roles-responsibilitiesofafacilitator?related=5>

- ☞ **Important Resource Links (SAMHSA, etc.):**

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<http://www.samhsa.gov/>

<http://www.drugabuse.gov/>

Review Underage Drinking Enforcement Training Center website and trainings: <http://www.udetc.org/>

Review National Criminal Justice Training Center website and trainings:

[https://www.ncjtc.org/training/Pages/All\\_Training.aspx](https://www.ncjtc.org/training/Pages/All_Training.aspx)

Review Risk and Protective Factors: <http://www.drugabuse.gov/publications/preventing-drug-abuse-among-children-adolescents/chapter-1-risk-factors-protective-factors>

Review 40 Developmental Assets: <http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18>

☞ Facilitator Tool Kit:

<http://oqi.wisc.edu/resourcelibrary/uploads/resources/Facilitator%20Tool%20Kit.pdf>

☞ Training for the Non-Trainer:

[http://www.google.com/url?sa=t&rct=j&q=&src=s&source=web&cd=1&cad=rja&uact=8&ved=0CBwQFjAAahUKEwjfpK\\_TzZrJAhUIG6YKHbtIDKQ&url=http%3A%2F%2Fwww.culturalorientation.net%2Fcontent%2Fdownload%2F483%2F3409%2Ffile%2FTools%2520for%2520Trainers%2520Training\\_for\\_Non-Trainers.pdf&usq=AFQjCNFKAxGbk60q9Jn39D-s0DuefRwi\\_A](http://www.google.com/url?sa=t&rct=j&q=&src=s&source=web&cd=1&cad=rja&uact=8&ved=0CBwQFjAAahUKEwjfpK_TzZrJAhUIG6YKHbtIDKQ&url=http%3A%2F%2Fwww.culturalorientation.net%2Fcontent%2Fdownload%2F483%2F3409%2Ffile%2FTools%2520for%2520Trainers%2520Training_for_Non-Trainers.pdf&usq=AFQjCNFKAxGbk60q9Jn39D-s0DuefRwi_A)

☞ Prevention Acronym Definitions:

<https://www.ctclearinghouse.org/topics/customer-files/Acronym-List.pdf>

<https://dbhdd.georgia.gov/acronyms>

[http://riprc.org/wp-content/uploads/2014/06/PreventionAcronymDictionary\\_August-2013.pdf](http://riprc.org/wp-content/uploads/2014/06/PreventionAcronymDictionary_August-2013.pdf)

<http://www.cdc.gov/nphsp/PDF/Glossary.pdf>

☞ Prevention Specialist Certification Reference List:

<http://www.kansasfamily.com/prevention-certification/testing-process/examination-reference-list/>

☞ Training timeline and goals template: <http://www.scheduletemplatesonline.org/training-schedule-template/>

☞ Copyright and Fair Use Information: <http://www.umuc.edu/library/libhow/copyright.cfm>

☞ Great Coalition Tools: Visit the MYAA Toolkit site: <http://www.myaa.org>

<http://www.myaa.org/pdf/section7.pdf>

Visit the Coalitions Work site: <http://coalitionswork.com/>

☞ Other Useful Websites:

Visit SAMHSA's NREPP site <http://www.nrepp.samhsa.gov/>

Visit Suicide Prevention Resource Center: <http://www.sprc.org> (SPRC)

Visit American Association of Suicidology: <http://www.suicidology.org>

- **CDC's Healthy Communities**

CDC's Healthy Communities Program is engaging communities and mobilizing national networks to focus on chronic disease prevention. Communities are working to change the places and organizations that touch people's lives every day—schools, work sites, health care sites, and other community settings—to turn the tide on the national epidemic of chronic diseases.

- **CADCA (Community Anti-Drug Coalitions of America)**

National Coalition Institute, created by an act of Congress, helps build more effective community anti-drug coalitions through training, technical assistance and educational materials.

- **Partnership For Prevention**

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A professional membership organization that seeks to increase the priority on prevention in health-related policy and in the U.S. health care system by 1) Analyzing leading edge scientific research to identify effective policies and practices; 2) Convening diverse healthcare stakeholders and facilitating dialogue among them; and 3) Educating decision-makers in every sector about innovative prevention policies and practices and advocating for their adoption. The site offers many prevention-related tools for coalitions on its Reports & Resources page.

- **Prevention Institute**  
Larry Cohen's site contains great material on prevention and coalition building in public health.
- **The Community Toolbox**  
Providing over 6,000 pages of practical skill-building information on over 250 different topics, the Community Tool Box is a resource to promote community health and development by connecting people, ideas, and resources, including several Prevention Institute tools.
- **CDC Partners Portal**  
The Partners Portal of CDC's Partnerships and Strategic Alliances program provides products, guidance, and support for partnerships and alliances to help achieve CDC's health protection goals. Fact sheets, events and health promotion campaign information are a click away. Its activities and resources are organized around five sectors: Business, Education, Faith-based and Community, Healthcare and Public Health Systems.

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#### ☞ Creative Ways to Present Strategic Prevention Framework Phases: See presentation

##### ☞ Activities – 2 examples

- ☞ Puzzles: [http://www.businessballs.com/freepdfmaterials/businessballs\\_jigsaw\\_puzzle4.pdf](http://www.businessballs.com/freepdfmaterials/businessballs_jigsaw_puzzle4.pdf)  
<http://www.onlineexpert.com/elearning/user/pdf/natsem/managingdiverseworkforce/team-buildinggamesactivitiesideas.pdf>

- ☞ Survey Monkey : <https://www.surveymonkey.com/>

- ☞ Webinars and video's posted to YouTube for each phase. Examples, search for more....

Strategic Prevention Framework: An Overview: <https://www.youtube.com/watch?v=aP-otLvm15w>

Assessment: [https://www.youtube.com/watch?v=1\\_2fUaLVPDs](https://www.youtube.com/watch?v=1_2fUaLVPDs)

Capacity Building: <https://www.youtube.com/watch?v=p8FycxjmTR0&index=4&list=PLtUFKR18Jrqxk-vSCCFgLV6SEHDhQUXj>

Planning: <https://www.youtube.com/watch?v=gc5EpuTedkE>

Implementation: <https://www.youtube.com/watch?v=YqnwWZQETvk>

Evaluation: <https://www.youtube.com/watch?v=gc5EpuTedkE>

Sustainment: <https://www.youtube.com/watch?v=l3zUWzi0KBs>

Cultural Competence: <https://www.youtube.com/watch?v=0qtZStZLjm0>

- ☞ Other ideas.....Board Games, Bingo...

[http://www.workshopexercises.com/Team\\_Building\\_exercises.htm](http://www.workshopexercises.com/Team_Building_exercises.htm)

<http://www.teambuilding-thailand.com/teambuilding-activities/creativity-team-building-activities.html>

<http://www.caes.uga.edu/extension/chattooga/4h/documents/community.pdf>

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**Objective Two: Understand and apply strategic prevention framework research, methods, tools, and innovative community engagement remotely in the prevention of integrated behavioral health issues.**

- ☞ **Conduct a Webinar utilizing one of the available online training and/or meeting platforms. (BlueJeans, Adobe Connect, Go-To-Meeting, VSee, TeamViewer, Virtual World)**
  - **When using always give instructions for new users or send them information ahead of time for testing**
- ☞ **Utilize archived webinars and/or current webinars. There are many available that are relevant.**
  - [www.ca-cpi.org/training/webinars\\_past.php](http://www.ca-cpi.org/training/webinars_past.php)
  - [www.naadac.org/webinars](http://www.naadac.org/webinars)
  - [www.stopalcoholabuse.gov/webinars/](http://www.stopalcoholabuse.gov/webinars/)
  - <http://www.samhsa.gov/capt/tools-learning-resources/preventing-prescription-drug-abuse-webinar>
  - <http://ireta.org/improve-practice/addiction-professionals/webinars/>
  - <http://www.ncmhjj.com/upcoming-webinar-conrad-n-hilton-foundations-youth-substance-use-prevention-and-early-intervention-strategic-initiative/>
  - <https://www.youtube.com/watch?v=t8qmNQErwKo>
  - <https://comorbidity.edu.au/training/webinars>
  - <http://www.hhs.gov/ash/oah/resources-and-publications/publications/substance-abuse.html>
- ☞ **YouTube Training videos. See SPF Phases list**
- ☞ **Do Texting Q & A Training Games – (7 Ways)**
  - <https://globaldigitalcitizen.org/7-ways-can-use-texting-advantage-classroom>
- ☞ **Other exciting and fun training aids online include, Polls – A Dozen or more free for small groups**
  - <http://www.educatorstechnology.com/2012/05/15-great-free-and-easy-survey-polls.html>

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**Objective Three: Value evidence of successful community level change created through application of evidence based strategies and grass roots participation.**

- ☞ **Strategies – Two Change Examples – See Presentation**
- ☞ **A Recipe for Productive Change: [http://www.huffingtonpost.com/linda-buzzell/building-community\\_b\\_3029180.html](http://www.huffingtonpost.com/linda-buzzell/building-community_b_3029180.html)**
- ☞ **Locating the Local Change Agents**
  - **Who or What are they? How do we find them?**
- ☞ **Seven Important Questions:**
  - **What change is needed?**
  - **Who needs to be involved?**
  - **What training and resources are needed?**
  - **How do we make a plan?**
  - **Has anyone else made this change and what resources did they use?**
  - **How do we start and continue the change?**
  - **How do we monitor and check to see if goals are on track and can be reached?**

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**Objective Four: Demonstrate the importance of cultural relevance when engaging communities in prevention of behavioral health issues.**

Does Culture Make a Difference? See example in presentation coalitions and communities

Cultural Competence Skills Manual

[http://www.doe.virginia.gov/special\\_ed/tech\\_asst\\_prof\\_dev/self\\_assessment/disproportionality/cultural\\_competence\\_manual.pdf](http://www.doe.virginia.gov/special_ed/tech_asst_prof_dev/self_assessment/disproportionality/cultural_competence_manual.pdf)

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**Objective Five: Understand the critical use of research, evaluation and assessment tools in reducing shared risk factors and increasing protective factors in order to achieve desired outcomes.**

**Research – Assessment – Evaluation: Making the Link**

- ☞ reducing shared risk factors
- ☞ increasing protective factors
- ☞ achieving desired outcomes

Links to information on Risk and Protective Factors:

<http://www.drugabuse.gov/publications/preventing-drug-abuse-among-children-adolescents/chapter-1-risk-factors-protective-factors/what-are-risk-factors>

<http://www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/risk-protective-factors>

Links to read:

<http://c.ymcdn.com/sites/www.sacsa.org/resource/resmgr/imported/JuneResearchTipdifferentiatingbetweenresearchAssessmentandProgramEval.pdf>

[http://betterevaluation.org/blog/framing\\_the\\_difference\\_between\\_research\\_and\\_evaluation](http://betterevaluation.org/blog/framing_the_difference_between_research_and_evaluation)

☞ **Research**

- Informs theory and overall practice – You need research in order to identify the appropriate data sets and to provide evidence that certain strategies will change the data so the data and strategies and be organized for assessment and evaluation.

☞ **Assessment**

- Includes efforts to gather analyze and interpret evidence -- You must analyze the data sets and formulate hypothesis for interpreting evidence that changes may happen when utilizing appropriate strategies.

☞ **Evaluation**

- Involves methods and analysis that answer questions to inform programmatic improvement – You must continually test and measure the data in order to determine if the strategies chosen are actually working.