



## The Kansas Prevention Collaborative

A Story of One State's Approach to Integrating Behavioral Health through the Lens of Prevention

#### **Presentation Objective 1**

- 1. Participants will be able to describe the
- background and roles of the Kansas Prevention
- Collaborative as a new approach to behavioral
- health integration supporting community coalitions
- across the state.



# CONNECTINGPromotionEducationCOMMUNITIESAwarenessAdvocacy

### **KDADS Vision for Change**

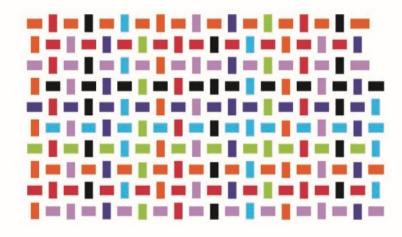
#### **Two Primary Goals:**

1. Integrate behavioral health prevention efforts

2. Allocate greater resources to local level, community-driven prevention efforts





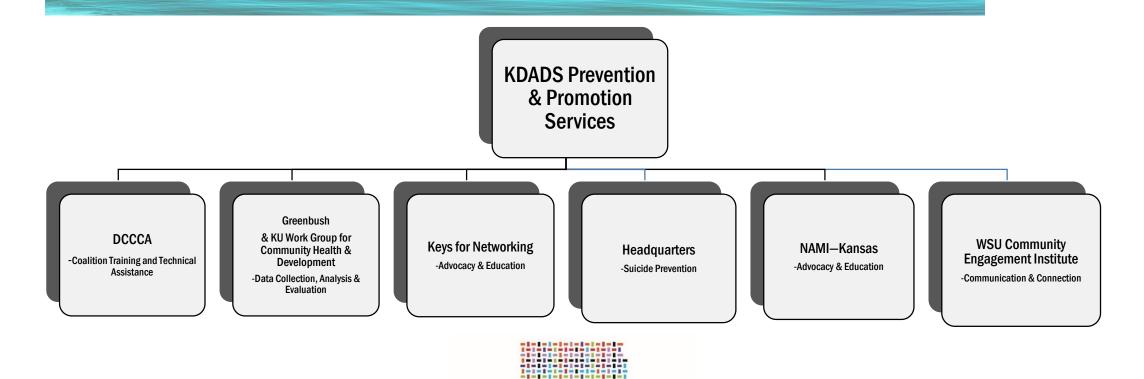


## Kansas Prevention COLLABORATIVE

CONNECTING<br/>COMMUNITIESPromotion<br/>AwarenessEducation<br/>Advocacy





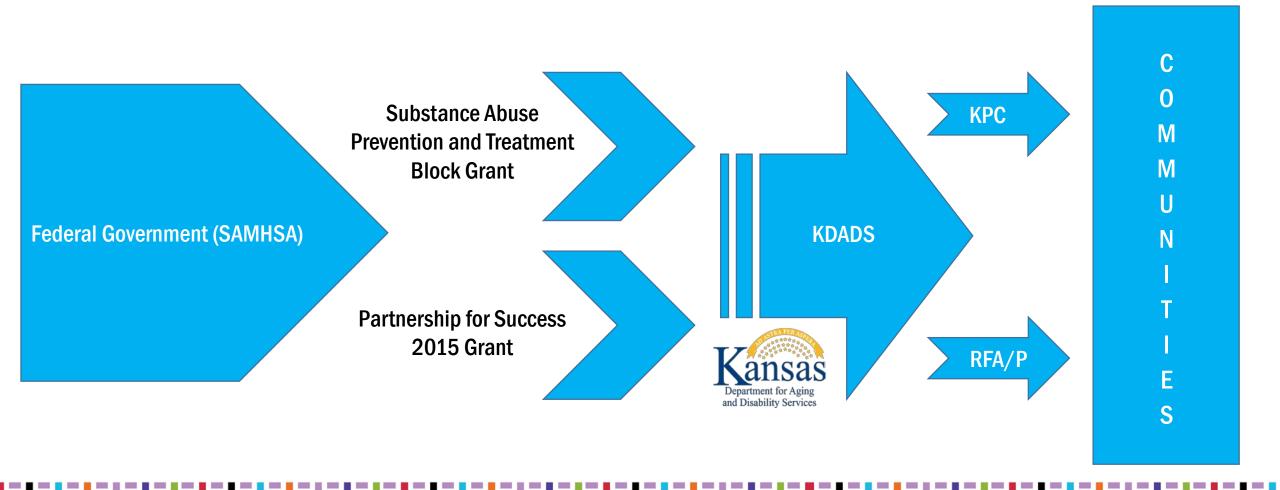


#### Kansas Prevention

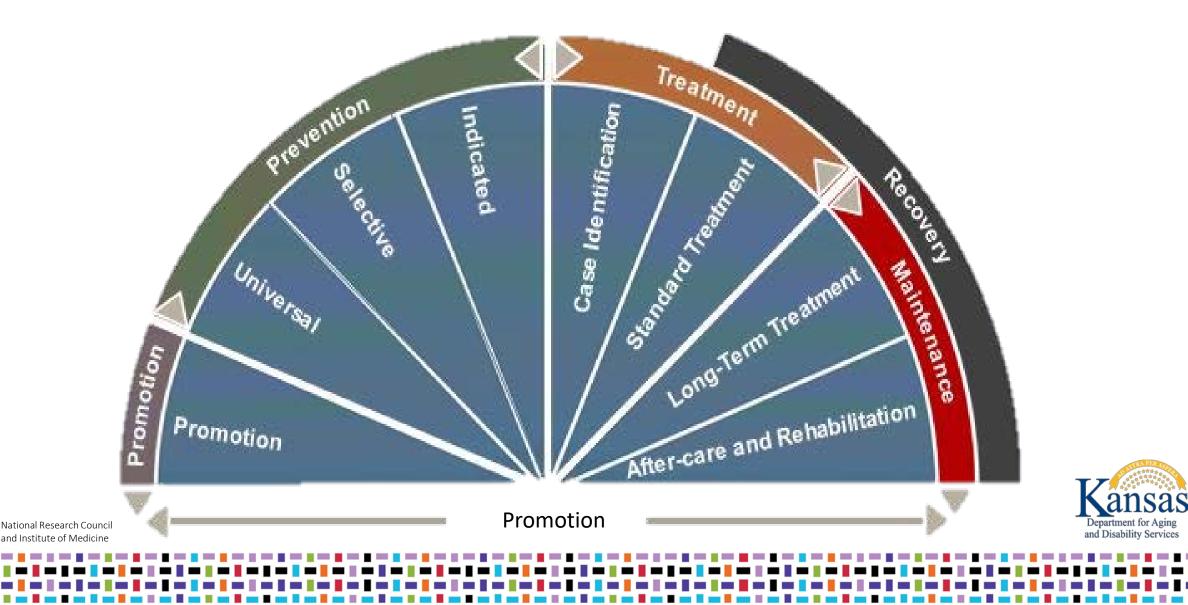
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#### **Funding Structure**



### **Behavioral Health - Continuum of Care**



#### **CSAP's Core Prevention Strategies**

#### Information Dissemination

**Community Based Processes** 

**Alternative Activities** 

**Prevention Education** 

**Environmental Based Strategies** 

**Problem Identification and Referral** 



### **Strategic Prevention Framework**







2. Participants will learn about Kansas's integration of statewide strategies including a social marketing campaign and coordinated communication and training opportunities through in-person and online media.

ITV ENGAGEMEN

#### **It Matters**



Binge drinking is a lot less fun the day after.



Alcohol hurts more than their chances.





Loves bad ideas. 🔪

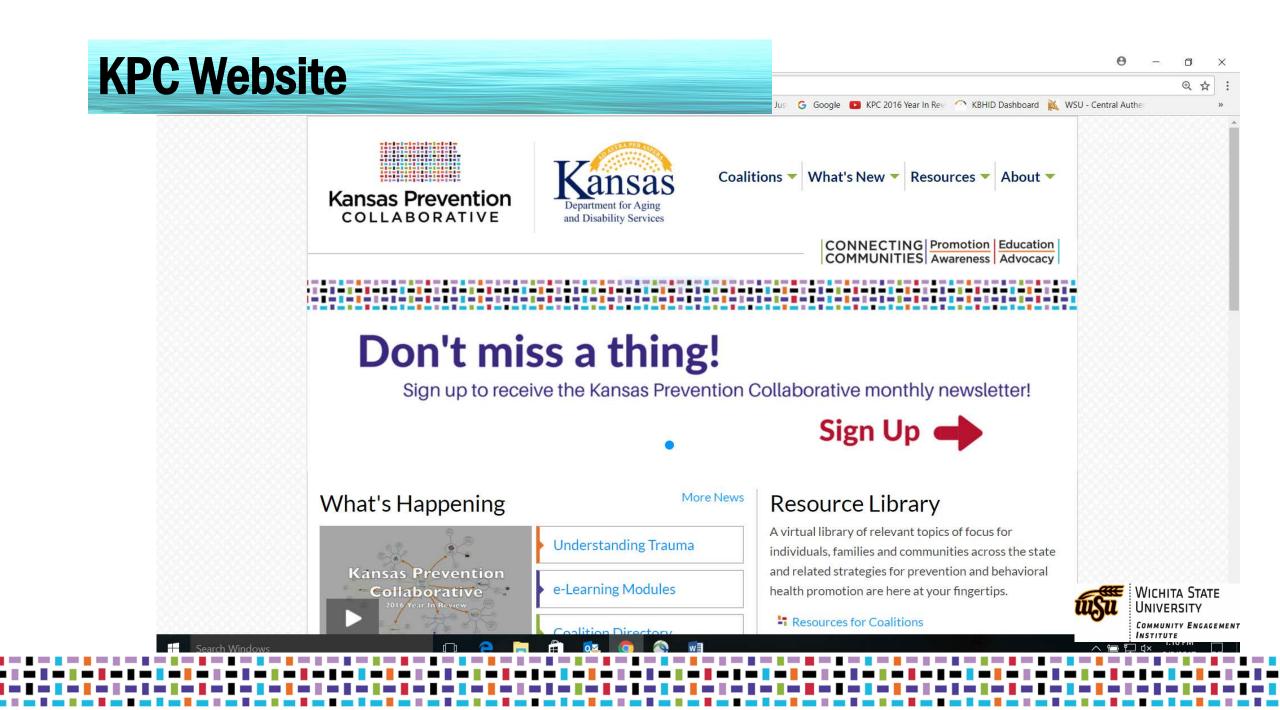




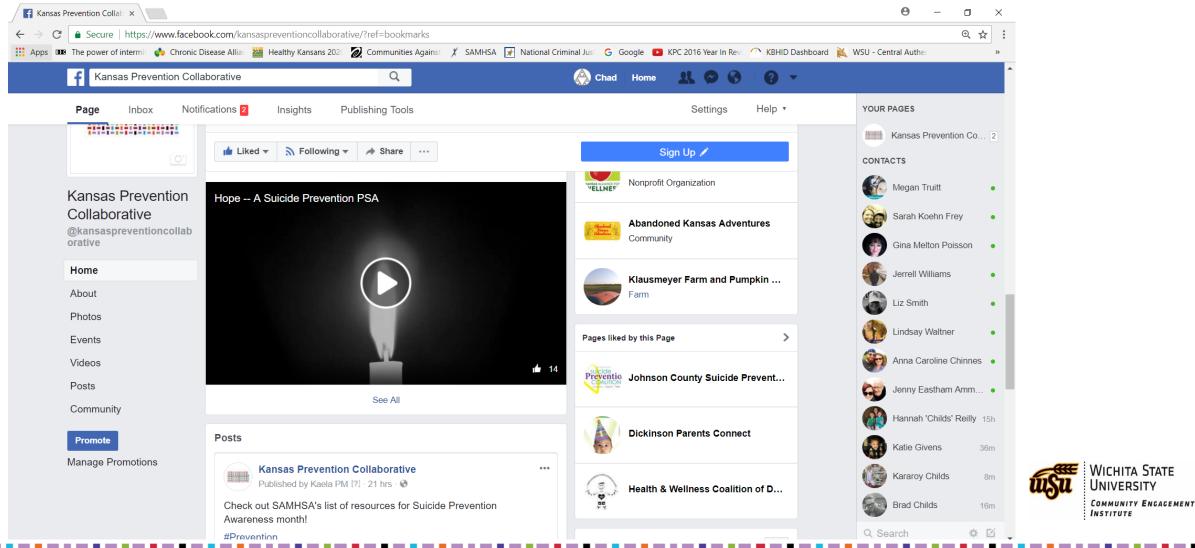
#### **Statewide Communication and Connection**

# Prevention **Works** Prevention **TOKS**





#### **KPC Facebook**





3. Participants will learn how Kansas has increased support of comprehensive prevention and behavioral health goals through expanded data collection and integrated assessment.



### **Behavioral Health Integration**

Expansion of Behavioral Health through KPC focused on

- Continuum of care
- Moving beyond a focus of youth to include lifespan
- Expansion beyond substance use
- Inclusion of epidemiological data to tell the story



### **Behavioral Health Integration – Identifying and Filling Data Gaps**









- Funded by Kansas Department for Aging and Disability Services, Behavioral Health Services
- ✤ Available annually free of charge to all districts, public and private
- Available for paper & online administration
- ✤ Target population is students in 6<sup>th</sup>, 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> grades
- Provides data for state, county, school district, and school building planning





KANSAS Communities That Care Student Survey

#### http://www.kctcdata.org/

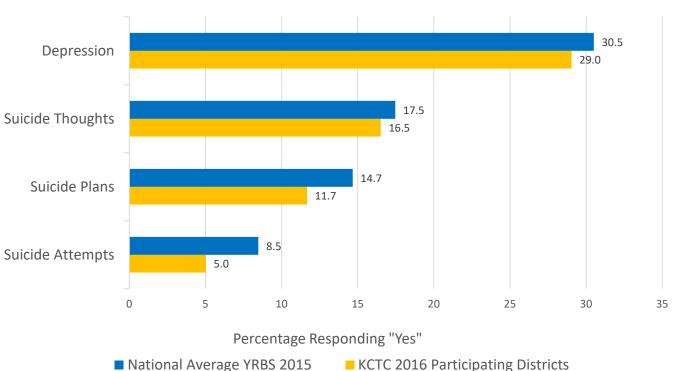


### **Optional Module for Youth Depression & Suicide**

Added four questions:

- 1) Depression,
- 2) Suicide thoughts,
- 3) Suicide plans, and
- 4) Suicide attempts

Local level data for the 1<sup>st</sup> time in Kansas



Youth Reported (10th & 12th Grade) Past-Year Depression & Suicide



### **2017 Kansas Young Adults Survey (KYAS)**





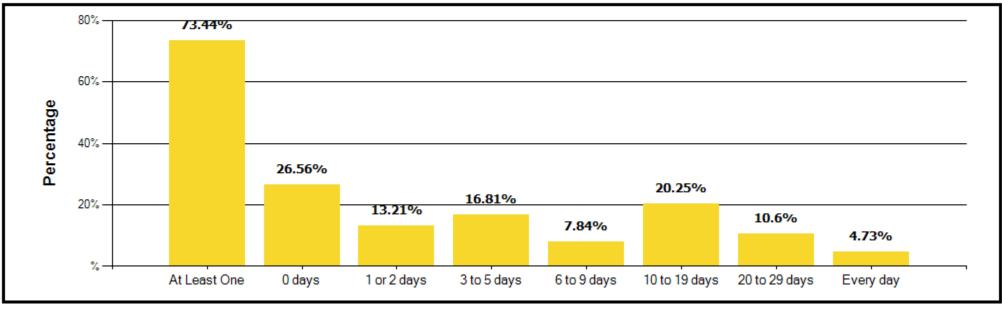
Department for Aging and Disability Services

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### 2017 Kansas Young Adults Survey (KYAS) Mental Health

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Age Group: Total 🔻





### **Gambling Questions & Consequences**

#### Added for Youth

In the past year, how many times (if any) have you felt like you would like to stop gambling, but didn't think you could?

In 2017 – 2.2% said yes with responses ranging from 'a few times' to 'almost every day'.

In the past year, were you worried about the health and safety of anyone in your household because of gambling?

In 2017 – Almost 2% said 'almost every day'

#### **Added for Young Adults**

In the past year, on how many days (if any) have you felt like you would like to stop gambling, but didn't think you could?

In 2017 – Of those who gambled in the past 30 days, 19% of young adults said yes on one or more days and 5% said 'every' day.

Adding New Kansas 2017 Adult Gambling Survey







Home About	t Contact Us			
County Chase	e 🔻			
	Income / Poverty	Crime	Depression / Suicide	
	Broblem Cambling	Family Eurotioning	Substance Line	
	Problem Gambling	Family Functioning	Substance Use	_
Available only at	t the State Level			
	Problem Gambling Treatment	Substance Use Treatment	Mental Health Treatment	Greenber Southeast Kansas Education

#### **Community Behavioral Health**



### **Community Check Box Evaluation System**

Documenting and Understanding the Activities and Accomplishments of Your Coalition and Community - <u>www.myctb.org</u>



#### COMMUNITY CHECK BOX EVALUATION SYSTEM

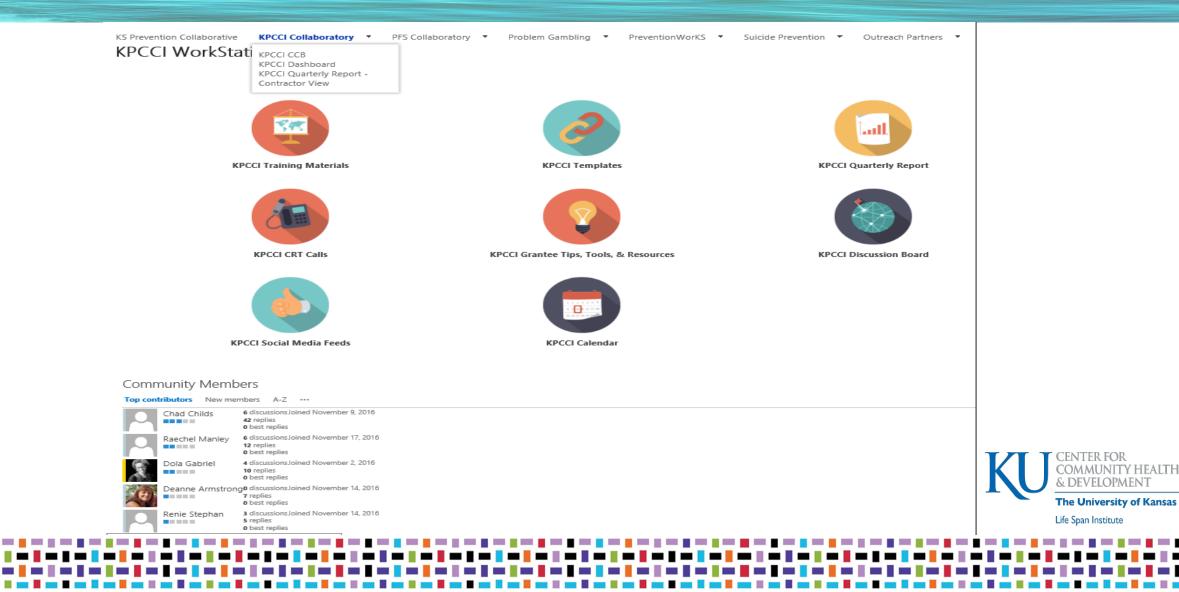


### **Importance of Documenting the Story**

- Inform decision-making regarding the processes, activities, and results of efforts:
  - ✤What is working
  - What needs improvement
- Create a record of your story
  - ✤Processes
  - Highlights successes
  - Engage community/coalition members
- Maintain accountability
  - Identify contributors
  - Action plans
  - ✤Sustainability

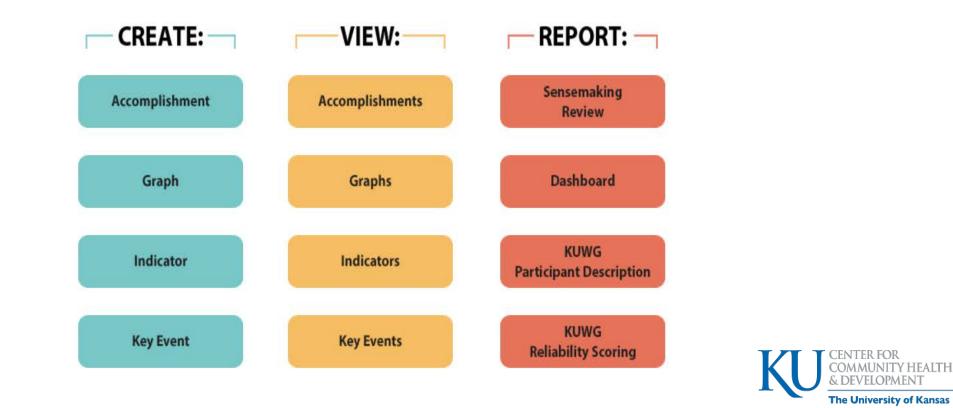


### **Supports Grant Deliverable and Communication Efforts**



#### **Supports Evaluation and Reporting Efforts**

Kansas Coalition



Life Span Institute

#### **Evaluation Results based on Documentation Efforts**

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Measuring how we address what we know about Kansas Youth

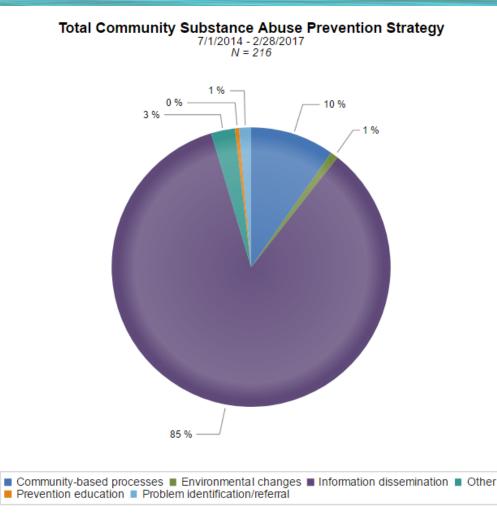
4/1/2015 - 2/28/2017 C3. Community Laws and Norms 📋 1 C7. Extreme Economic Deprivation 📘 1 F2. Family Management Problems 📘 1 F4. Favorable Parental Attitudes and Inv... G1. Gambling Accessibility 2 G2. Gambling Social Acceptance 41 G3.Gambling Media Portrayals & Advertisi... G6. Poor Impulse Contral 4 G7. Mental Health Concerns G8. Suicide 12 14. Early Initiation 📘 1 15. Constitutional Factors 16. Perceived Risk of Harm 6 17. Sensation Seeking 2 12 Other SA1. Retail Access 20 30 40 50 0 10 Count Accomplishments

Monthly Risk and Protective Factors Addressed



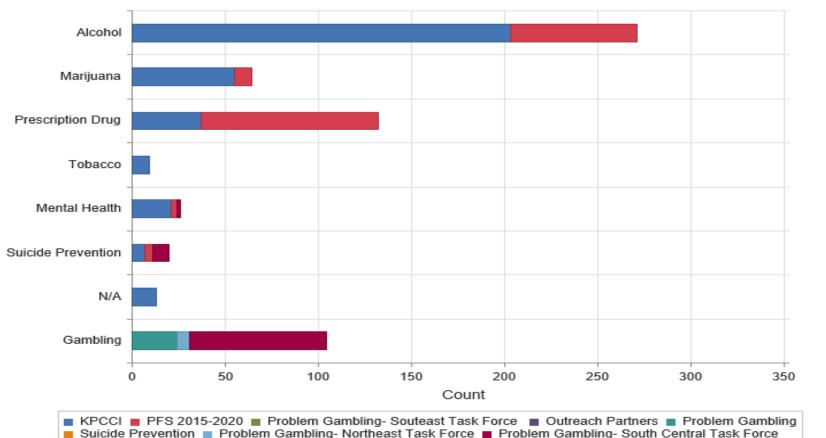
Life Span Institute

#### **Evaluation Results based on Documentation- CSAP Strategy**



Date	To which CSAP Core Strategy do Description		
09/02/2015	Community-based processes	and Lyla Graham met with Dr. Bill Allan, Interim Dean of the College of Business, Arts, Sciences and Education; Associate Professor of	
05/22/2015	Community-based processes	Richard Klemp, SCK Problem Gambling Task Force member, spoke with the Wichita Chapter of Kansas CPA (Certified Public Accountant) about partnering on issues of problem gambling. Public accountants are import	
10/04/2016	Environmental changes	South Central Kansas Problem Gambling Task Force Intern, Etienna Mertel met with Development Director, Kathleen Webb regarding collaboration with Inter-Faith Ministries to get the word out to churches and fa	
07/08/2014	Environmental changes	The Sedgwick Co. Suicide Prevention Coalition held a planning meeting for the upcoming Suicide Training Workshop. Various community leaders were on this conference call. Roles were assigned to various memb	





**Cross-Initiative Activities Across Outcome Areas** 





4. Participants will learn how the Kansas Prevention Collaborative has enhanced focus on community coalitions' assessment and building of their own capacity related to cultural competence and sustainability locally.



#### **Risk Factors**

\*\*\*\* Data sorted from high to low - High scores are the least desirable outcome (Lower = Better) \*\*\*

#### Laws & Norms Favorable to Drug Use

The percentage of youth in grades 6, 8, 10, and 12 who report that if a kid drank some beer, wine, or hard liquor in their neighborhood, or th area around where they live, they would NOT be caught by the police.

Value 2016 51.43 Compared To:







#### Laws & Norms Favorable to Drug Use

The percentage of youth in grades 6, 8, 10, and 12 who report that if a kid smokes marijuana in their neighborhood, or the area around whe they live, they would NOT be caught by the police.

Value 2016 44.52 Compared To:

To: Highest County 72.00





#### Family Management / Monitoring

The percentage of youth in grades 6, 8, 10, and 12 who report that one of they would NOT get caught by they parents if they drank some bee wine, or hard liquor without their parents permission.

Value 2016 30.89 Compared To: Highest County 66.67 Prior Year 36.07



#### **Risk of Harm**

The percentage of youth in grades 6, 8, 10, and 12 who report they think there is No Risk to harming themselves if they smoke marijuana regularly.

Value 2016

18.12 Compared To:



Prior Year 14.60





#### **Behavioral Health Report**

COLLABORATIVE CONNECTING Promotion Effective COMMUNITIES Awareness Advocacy

Data Year Range: 2013-2015 Current Value Highest County Kansas State 20.01 105.93 Indicator Definition: Adult suicide deaths are defined as those individuals ages 18 years and older whose underlying primary cause of death is listed on their death certificate as ICD-10 codes X60-X84 and Y87.0 (External cause, intentional injury). Indicator Measure: Rate per/100k (Calculated by taking the indicator number divided by the geographic population then multiplied by 100,000)

Indicator Source: Kansas Department of Health (Special Request)

#### Gambling Helpline Calls

Primary Indicators

Suicide (Adult)

Data Year Range: 2014-2016

0.13Current Value

56.58

Highest County 1.23

Kansas State

0.15

#### Indicator Definition:

The rate per 1,000 adults who made calls considered legitimate to the Kansas Problem Gambling Helpline per fiscal year.

#### Indicator Measure:

Rate per/1k (Calculated by taking the indicator number divided by the geographic population then multiplied by 1,000)

#### Indicator Source: Kansas Problem Gambling Helpline

Suicide (Youth)

Data Year Range: 2013-2015

0.00 Current Value







#### Indicator Definition:

Adolescent suicide deaths are defined as those individuals under the age of 18 years whose underlying primary cause of death is listed on their death certificate as ICD-10 codes X60-X84 and Y87.0 (External cause, intentional injury).

#### Secondary Indicators

**Out-of-Home Child Placement** 24.33 Data Year Range: 2013-2015 **Highest County** Kansas State Current Value 8.47 30.46

#### Indicator Definition:

Children removed to out-of-home placement by Kansas Department of Children & Families by cause as a rate of the population under 18 years of age according to the US Decennial Census 2010.

#### Indicator Measure:

Rate per/1k (Calculated by taking the indicator number divided by the geographic population then multiplied by 1,000)

#### Indicator Source:

Kansas Department for Children & Families: Prevention and Protection Services

#### Uninsured

Data Year Range: 2012-2014

15.60 Current Value



12.50



The percentage of the total population estimate currently having no health insurance coverage as defined by the American Community Survey (not currently covered through a current or former employer or union, insurance purchased directly from an insurance company, Medicare, Medicaid, Medical Assistance, or any kind of government-assistance plan for those with low incomes or a disability, TRICARE or other military health care, Indian Health Services, VA or any other type of health insurance or health coverage plan



Cultural Competence and Sustainability

- Pre/post Community Readiness Assessment from the Tri-Ethnic Center for Prevention Research at Colorado State University
- Annual coalition capacity survey
- Quarterly reports of capacity, community sector representation, and sector level of involvement

Cultural competence and sustainability work plans



### **Integrating Behavioral Health**

Kansas Prevention Collaborative provides...

- Kansas communities with resources and needed supports
- Opportunities for learning and collaboration
- Data needed for community comprehensive assessment and strategic planning
- A platform and support for communities to tell their story and evaluate their plans by tying together their activities with outcomes
- Integrated assessment reports for broader behavioral health and capacity assessment



### **Questions & Answers? Contact Us.**









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National Prevention Network Bridging Research to Practice



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