

Osage Nation Prevention Program



Presented By
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Workshop Objectives



- ▶ Describe how cultural practices can build connectedness, personal wellness, and contribute to positive outcomes.
- ▶ Compare results measured by Too Good Programs evaluation tools and community-based participatory research.
- ▶ Define specific styles of traditional Osage clothing used to integrate culture into evidence based practices.
- ▶ Brainstorm methods for culturally adapting evidence-based practices.

The Osage Nation Prevention Programs (ONPP) offers policy development assistance, community education, awareness and outreach via evidence based best practices and strategies.

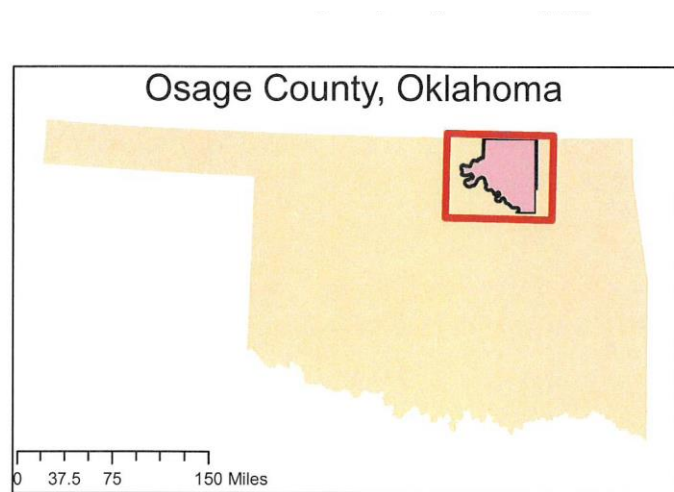
Key Areas of Prevention:


- ▶ Suicide
- ▶ Substance Abuse
- ▶ Promotion of Overall Health and Wellness

Specific Strategies:

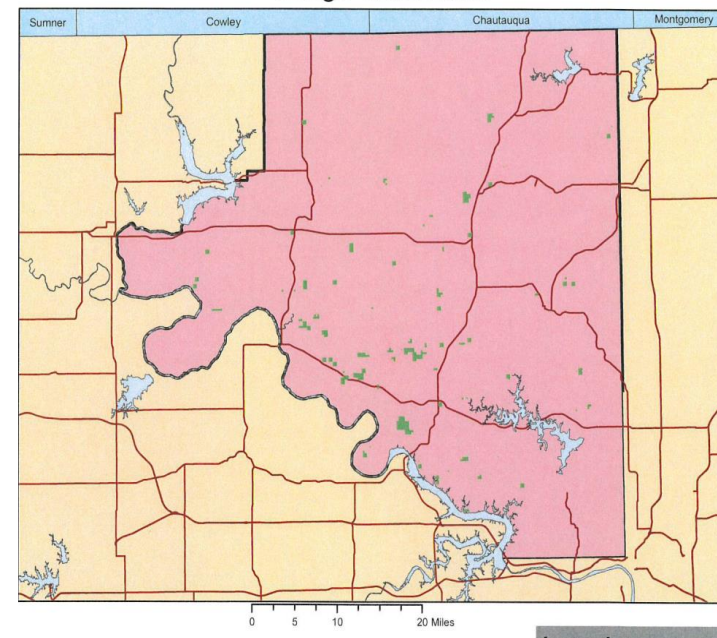
- ▶ Lifelines Trilogy in local school districts
- ▶ QPR (Question, Persuade & Refer) Training
- ▶ National Suicide Lifeline and Crisis Text Line Promotion
- ▶ Local Suicide Surveillance System Development
- ▶ Safe Night After Prom
- ▶ Too Good For Drugs and Violence
- ▶ Wah-Zha-Zhe Youth Council
- ▶ Community Activities

Osage Reservation



 For relational purposes only. Area shown is not strictly based on survey data and is not intended to represent legal land description. produced by Craig M. Walker, Osage Nation ENR

Osage Trust Land



Group Activity

What thoughts/skills etc. do students need in order to make healthy choices and stay away from risky behavior?

Evidence-Based Programs

Risk Factors– Conditions for a group, individual, or defined geographic area that increase the likelihood of problematic behavior occurring.

Protective Factors– Conditions that build resilience and can serve to buffer the negative effects of risks.

Evidence-based Program – A program that is theory-driven, has activities/interventions related to the theory of change underlying the program model, has been well implemented, and has produced empirically verifiable outcomes, which are assumed to be positive

Too Good



Too Good gives kids the confidence and skills they need to grow into happy, healthy adults.

- ▶ Evidence Based
- ▶ Universal
- ▶ K-12
- ▶ Instructor Friendly
- ▶ Evaluation Tools
- ▶ Sequential Interactive Lessons

What is Culture?

Key Element

Sustained effort to pass on beliefs, behaviors and defining characteristics to future generations



Daposka Ahnkodapi



- ▶ Opened in 2016
- ▶ Osage children ranging in age from 6 weeks – 3rd grade
- ▶ Osage language spoken several hours each day
- ▶ Immersed in Osage culture through educational setting
- ▶ Self-Esteem and Osage identity of our next generation will be strengthened

Too Good For Drugs and Violence at Osage Nation

- ▶ Ha-We = Hello (women/girls only)
- ▶ Ho-We = Hello (men/boys only)
- ▶ Ah-hi^ = Yes (women/girls only)
- ▶ Da-Da Zha-Zhe Aschtee = What is your name?
- ▶ E^ dah-tse = Father
- ▶ E-na = Mother
- ▶ E-ko = Grandmother
- ▶ Wi-tse-ko = Grandfather
- ▶ Wa-hoi^= Respect for Family
- ▶ Daposka = School
- ▶ Wah-leh-ze= Paper/book
- ▶ Wah-bah-leh-zay = Pencil/pen
- ▶ Lin-kah = Sit
- ▶ Tha-li^ = Good
- ▶ O – thee-dah = Stop
- ▶ Ah-tse = I have arrived
- ▶ Tha-tse = You have arrived
- ▶ Tha-hey-pba-sha = How are all of you?
- ▶ Ho-nee = Close
- ▶ She-ki-ah = Repeat

Too Good For Drugs and Violence at Osage Nation



Tuggles the Teddy Bear
"Sa-pe"

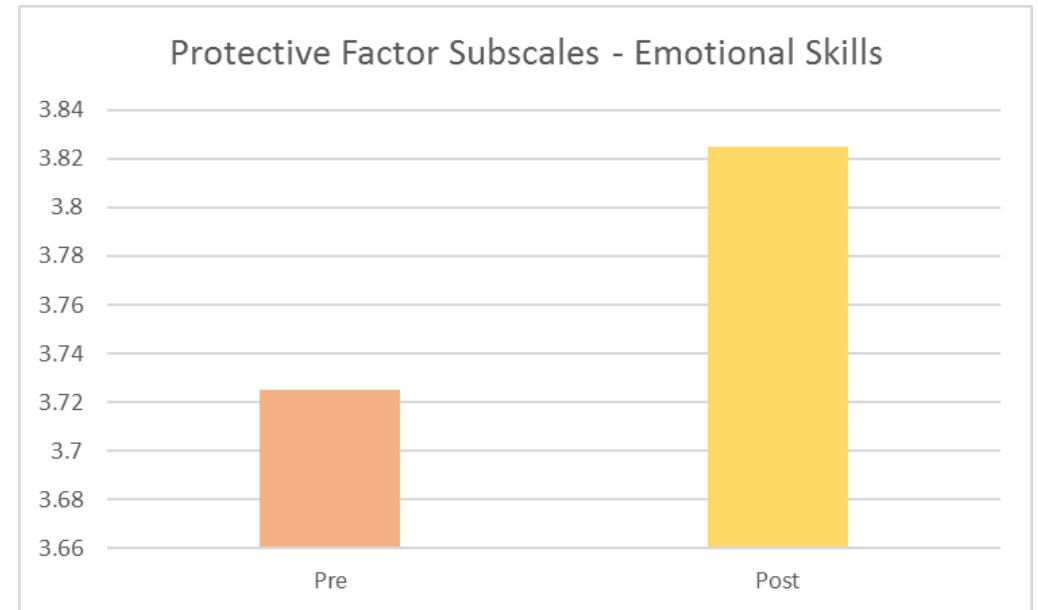
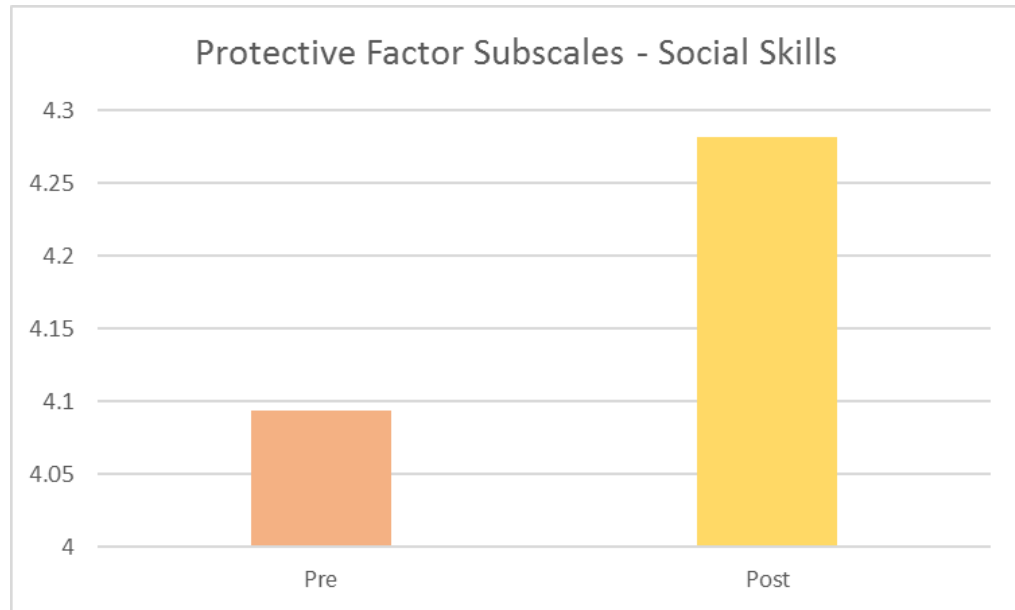


Carmen the Cool Cat
"E^Lon-Zhee"



Wagner the Peace-Able Pup
"Shun-kge"

Too Good For Drugs and Violence at Osage Nation - Results



Too Good Programs evaluation tools – Student Behavior Checklist

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