

SAMHSA's Evidence-based Practice Resource Center: Updated Functionality and Expanded Resources on Alcohol Use

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U.S. Department of Health and Human Services

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SAMHSA
Substance Abuse and Mental Health
Services Administration

Strategic Plan

SAMHSA.GOV/about-us/strategic-plan



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SAMHSA Strategic Plan FY2019-FY2023

The SAMHSA Strategic Plan FY2019-FY2023 provides a roadmap to carry out the vision and mission of SAMHSA over the next four years.

In order to achieve its mission, SAMHSA has identified five priority areas to better meet the behavioral health care needs of individuals, communities, and service providers. The five priority areas are:

1. Combating the Opioid Crisis through the Expansion of Prevention, Treatment, and Recovery Support Services.
2. Addressing Serious Mental Illness and Serious Emotional Disturbances.
3. Advancing Prevention, Treatment, and Recovery Support Services for Substance Use.
4. Improving Data Collection, Analysis, Dissemination, and Program and Policy Evaluation. ←
5. Strengthening Health Practitioner Training and Education.

SAMHSA's work is guided by five core principles that are being infused throughout the Agency's activities. The five core principles are:

1. Supporting the adoption of evidence-based practices. ←
2. Increasing access to the full continuum of services for mental and substance use disorders.
3. Engaging in outreach to clinicians, grantees, patients, and the American public.
4. Collecting, analyzing, and disseminating data to inform policies, programs, and practices.
5. Recognizing that the availability of mental health and substance use disorder services are integral to everyone's health.

Read the full [Strategic Plan \(PDF | 567 KB\)](#), including measurable goals and objectives.

Last Updated: 06/24/2021



Evidence-based Practices Resource Center (EBPRC)

Resource Center

www.samhsa.gov/ebp-resource-center

- Repository of EBP guidance for prevention, treatment, recovery, and behavioral/mental health
- Guidance put forth by expert consensus from federal partners for practitioners
- Focus on practical implementation tools
- Not costly; easy to implement and evaluate in community and clinical settings



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Evidence-Based Practices Resource Center

SAMHSA is committed to improving prevention, treatment, and recovery support services for mental and substance use disorders. The Evidence-Based Practices Resource Center provides communities, clinicians, policy-makers and others with the information and tools to incorporate evidence-based practices into their communities or clinical settings.

[Learn more about EBP Resource Center >>](#)

[View additional innovative practices >>](#)

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Filters

Resource Topic

- Substance Use Treatment (82)
- Mental Disorders (38)
- Substance Use Prevention (37)
- Educational Resources (24)
- Substance Use Recovery (19)
- Telehealth (1)

Health Condition

Substances

- Opioids (34)
- Alcohol (16)
- Prescription Drugs (5)
- Tobacco (5)

Resources

Sort by View

Telehealth for the Treatment of Serious Mental Illness and Substance Use Disorders

Publication Date: June 2021
This guide reviews ways that telehealth modalities can be used to provide treatment for serious mental illness and substance use disorders among adults, distills the research into recommendations for practice, and provides examples of how these recommendations can be implemented.

[View Resource](#)

Substance Use Disorders Recovery with a Focus on Employment and Education

Publication Date: March 2021
This guide helps health care providers, systems, and communities support recovery from substance use disorders via employment mechanisms. It describes relevant research, examines emerging and best practices, identifies knowledge gaps and implementation challenges, and offers resources.

[View Resource](#)



Evidence Based-Practice Review Committee:

- Team consisting of staff from across SAMHSA's offices and other HHS agencies (including CDC, NIH, NIDA & AHRQ) who review material for website and make recommendations as to whether or not it should be included in the EBPRC. This committee meets to discuss resources for the topic under consideration, based on SAMHSA priority areas.



EBPRC Inclusion Criteria

- ✓ Aligned with SAMHSA mission
- ✓ Appropriate for all audiences
- ✓ Evidence-Based
- ✓ Produced by federal or non-federal public health partner
- ✓ Peer-reviewed by advisory board
- ✓ Relevant to SAMHSA's priority populations
- ✓ Feasible to implement
- ✓ Not costly
- ✓ Practical with case examples
- ✓ Culturally sensitive
- ✓ Timely
- ✓ Well-organized
- ✓ Plain language
- ✓ Toolkit, Guidebook, Fact Sheet, Applied Systematic Review
- ✓ No financial conflicts-of-interest
- ✓ Open-access resource



EBPRC Alcohol Resources

EBPRC: New Resource Filters

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Filters



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Resource Topic >

Health Condition >

Substances v



- Opioids (34)
- Alcohol (16)
- Prescription Drugs (5)
- Tobacco (5)
- Illicit Drugs (4)
- Marijuana (1)
- Stimulants (1)

Resources

Sort by View

The Community Guide Chapter on Excessive Alcohol Consumption



Publication Date: September 2020
This CDC Resource offers Community Preventive Services Task Force recommendations and evidence ratings on regulation of alcohol outlet density, taxes, dram shop liability, sales, electronic screening, and minor sales.

[View Resource](#) 

Substance Misuse Prevention for Young Adults



Publication Date: December 2019
This guide supports health care providers, systems, and communities seeking to prevent substance misuse among young adults. It describes relevant research findings, examines emerging and best practices, identifies knowledge gaps and implementation challenges, and offers useful resources.

[View Resource](#)



Highlighted resource: Community Guide

EBPRC: Highlighted Alcohol Resources

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EBP

About

Emerging Practices

The Community Guide Chapter on Excessive Alcohol Consumption

This CDC Resource offers Community Preventive Services Task Force recommendations and evidence ratings on regulation of alcohol outlet density, taxes, dram shop liability, sales, electronic screening, and minor sales.

Related Resources:

- [Commercial Host \(Dram Shop\) Liability FAQ](#)
- [Community Anti-Drug Coalitions of America \(CADCA\) Strategizer: Reducing Alcohol-Related Harms Through Commercial Host Liability](#)
- [Alcohol Taxes FAQ](#)
- [Web Tool: Consumer Costs and Job Impacts from State Alcohol Tax Increases](#)
- [Pricing Strategies for Alcohol Products](#)
- [Local Authority to Regulate the Density of Alcohol Outlets FAQ](#)
- [Community Anti-Drug Coalitions of America \(CADCA\) Strategizer: Regulating Alcohol Outlet Density: An Action Guide](#)
- [OJJDP-Enforcing Underage Drinking Laws](#)

Authoring Agency:
Centers for Disease Control and Prevention (CDC)

[View Resource](#)

Other Resources Like This

Substance Use Prevention Substance Use Recovery

Substance Use Treatment Children & Youth Evidence Review

Alcohol Community Coalitions

Centers For Disease Control And Prevention (CDC)

Community Guide Strategies

- Increasing alcohol taxes
- Regulating alcohol outlet density
- Commercial host (dram shop) liability
- Limiting the days and hours of alcohol sales
- Enhanced enforcement of laws prohibiting sales to minors
- Avoiding further privatization of alcohol sales
- Electronic screening and brief intervention for excessive alcohol use

Alcohol Taxes

Alcohol Taxes: An Evidence-Based Strategy

Federal, state, or local government enacts taxes on beer, wine, or distilled spirits

As price increases, alcohol consumption is reduced

Increased alcohol taxes improve public health & save lives



Alcohol Use



-  **Reduced rates of excessive alcohol consumption (including binge and underage drinking)**
-  **Fewer motor vehicle crashes**
-  **Lower rates of crime and violence**
-  **Reduced rates of sexually-transmitted infections**

Considerations in Implementing Alcohol Taxes as a Public Health Strategy



Alcohol excise taxes fall every year — in effect, a tax cut because the taxes don't keep up with inflation



Average cost of alcoholic beverages is low relative to other consumer goods



Costs to society and government of excessive alcohol use far outweigh current tax revenues









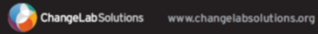



Strong public support, particularly if tax revenue is earmarked for social programs

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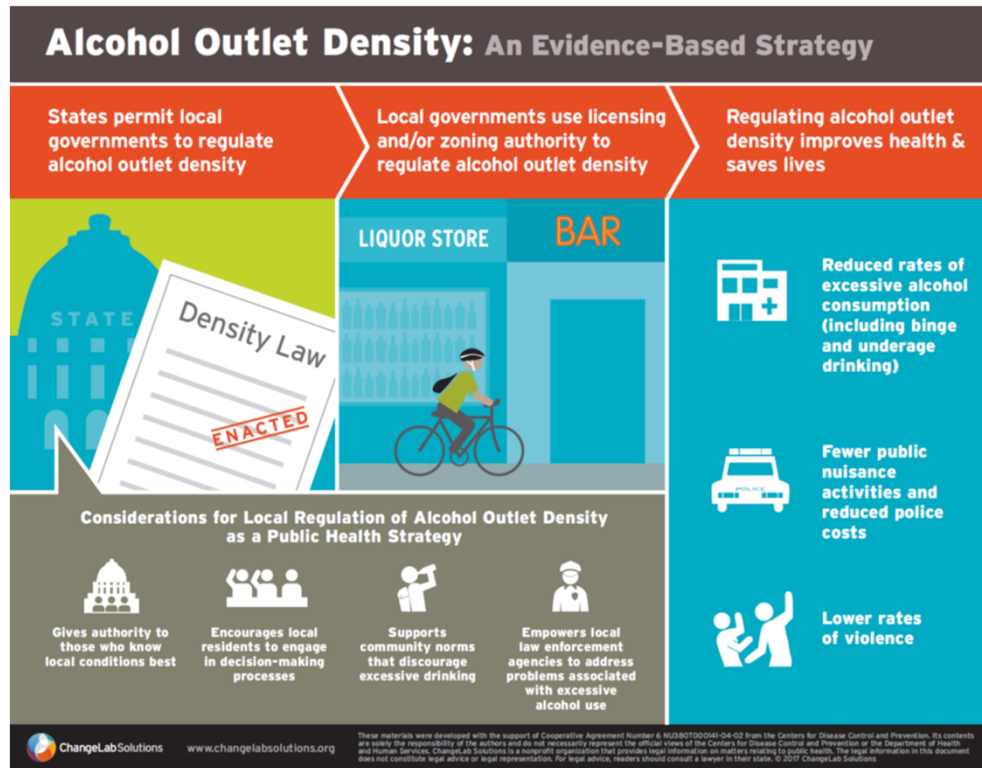
Commercial Host (Dram Shop) Liability

Commercial Host Liability: An Evidence-Based Strategy
Commercial host liability holds alcohol retailers legally responsible for injuries or harms caused by illegal service to intoxicated or underage customers.

<p>Commercial host liability laws adopted without major restrictions</p>	<p>Alcohol retailers encouraged to comply with liquor laws</p>	<p>Commercial host liability laws improve health & save lives</p>	
	 <p>Avoiding serving underage and intoxicated patrons</p>	 <p>Reduced rates of excessive alcohol consumption (including binge and underage drinking)</p>  <p>Fewer motor vehicle crashes</p>	
<p>Considerations in Implementing Commercial Host Liability as a Public Health Strategy</p>			
 <p>Alcohol retailers are held to the same liability standards as other retail businesses</p>	 <p>Alcohol-related injuries and deaths are reduced when retailers implement best practices</p>	 <p>Alcohol retailers are held financially responsible for negligent practices</p>	 <p>Injured parties are compensated by negligent alcohol retailers</p>
			 <p>Lower rates of violence</p>

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Alcohol Outlet Density



Regulation: Days/Hours and Sales to Minors

Dunwoody residents to vote Nov. 3 whether to extend Sunday alcohol sales

Posted by Erin Schilling | Aug 29, 2020

Dunwoody residents will vote Nov. 3 whether to extend Sunday alcohol sales.

On Aug. 24, City Council passed a resolution to approve a referendum so residents can vote on whether the city can permit the sale of beer, wine and liquor by the package and by the drink from 11 a.m. to midnight on Sundays.

The resolution comes after Gov. Brian Kemp on Aug. 3 signed House Bill 879, which allows municipalities to extend the hours during which people can purchase packaged alcohol on Sundays. The state previously allowed packaged

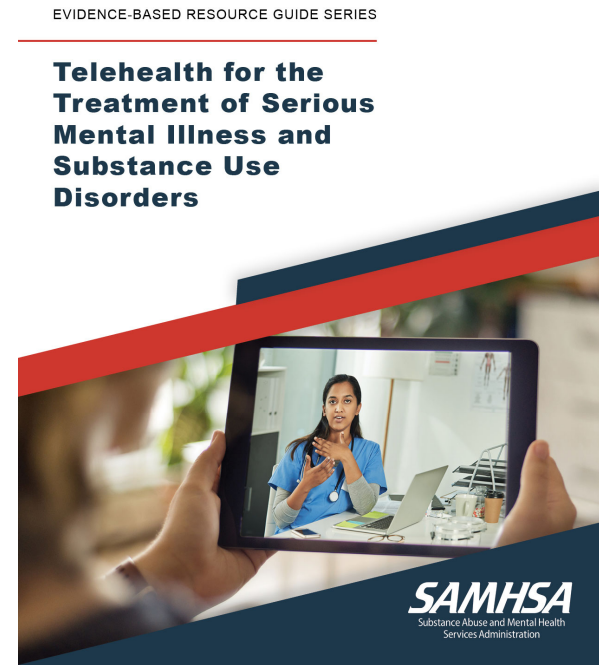
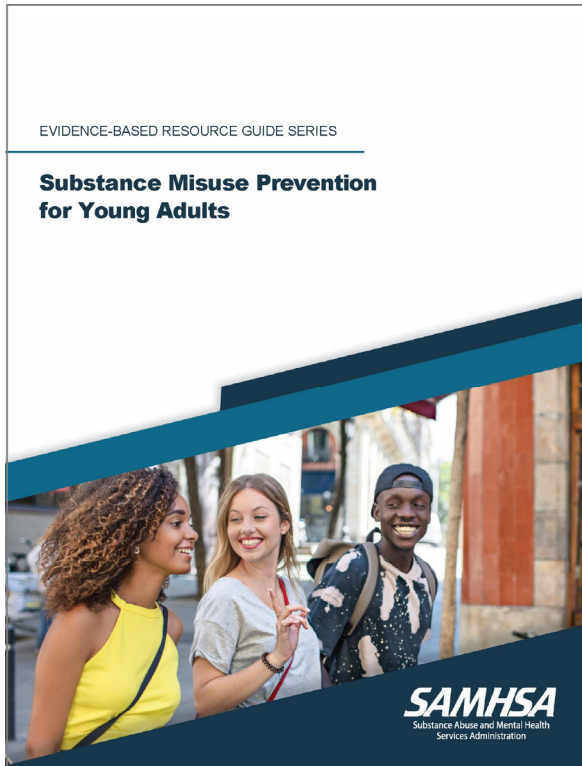
In Stratford, Connecticut...

A series of undercover enforcement operations has reduced illegal sales to minors from over 70 percent six months ago to less than ten percent last month. The following editorial in the Connecticut Post shows the kind of public recognition and support that enforcement can bring.



Other SAMHSA Activities: Guidebooks

EBP Guidebooks



EBP Guidebooks

EBP Guidebook Structure:

- Chapter #1: Overview of Topic
- Chapter #2: What the Research Tells Us (e.g., effectiveness of published EBPs)
- Chapter #3: Selecting and Implementing an EBP
- Chapter #4: Case Studies
- Chapter #5: Evaluation/CQI Resources

EBP Guidebooks developed in 2019:

- Preventing the Use of Marijuana: Focus on Women and Pregnancy
- Substance Misuse Prevention among Young Adults
- First Episode Psychosis and Co-Occurring Substance Use Disorders
- Medication for Opioid Use Disorder in Emergency Departments
- Medication for Opioid Use Disorder in Criminal Justice Settings

EBP Guidebooks 2020-2021

EBP Guidebooks developed in 2020:

- Treatment of Stimulant Use Disorder
- Prevention and Treatment of HIV among People Living with Substance Use and/or Mental Disorders
- Reducing Vaping Among Youth and Young Adults
- Treatment for Youth and Young Adults with Mood Disorders and other Serious Emotional Disturbances and Co-occurring Substance Use
- Treatment of Suicidal Ideation, Self-Harm, and Suicide Attempts Among Youth

EBP Guidebooks developed and in process for 2021:

- Telehealth for the Treatment of Serious Mental Illness and Substance Use
- Recovery with a focus on Employment
- Treating Concurrent Substance Use Among Adults
- Preventing Marijuana Use among Youth
- Treating SMI Among Older Adults
- Mental Health in Colleges

Acknowledgments

- CDC Alcohol Program

Thank You

SAMHSA's mission is to reduce the impact of substance misuse and mental illness on America's communities.

www.samhsa.gov

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