



*Building the Capacity
of Youth Advocates*

Reaching Us Later

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Objectives

- ✓ Understand what Youth Empowerment is and what it isn't.
- ✓ Identify the knowledge and skills that youth need to take action
- ✓ Provide examples of how youth can take action to create environmental change.

Objectives

- ✓ Share ideas and resources that you can use right away – and later on.
- ✓ Leave you with a plan to guide you in applying the principles, ideas and resources we have provided.

Models of Youth Participation

- **Drug Free Group or Activity**

For example a Youth Athletic League where participants sign a drug free pledge.

Models of Youth Participation

- **A seat at the (adult) Coalition's Table:**

For example a teen volunteer that attends Coalition meetings and offers a youth voice or “perspective”.

Models of Youth Participation

- “Club Model” – Youth work together, but lower emphasis on training and skills.

For example a group that arranges for a speaker before prom and plans a drug free school dance.

Models of Youth Participation

Youth Empowerment:

Youth have the capacity to change their environment.





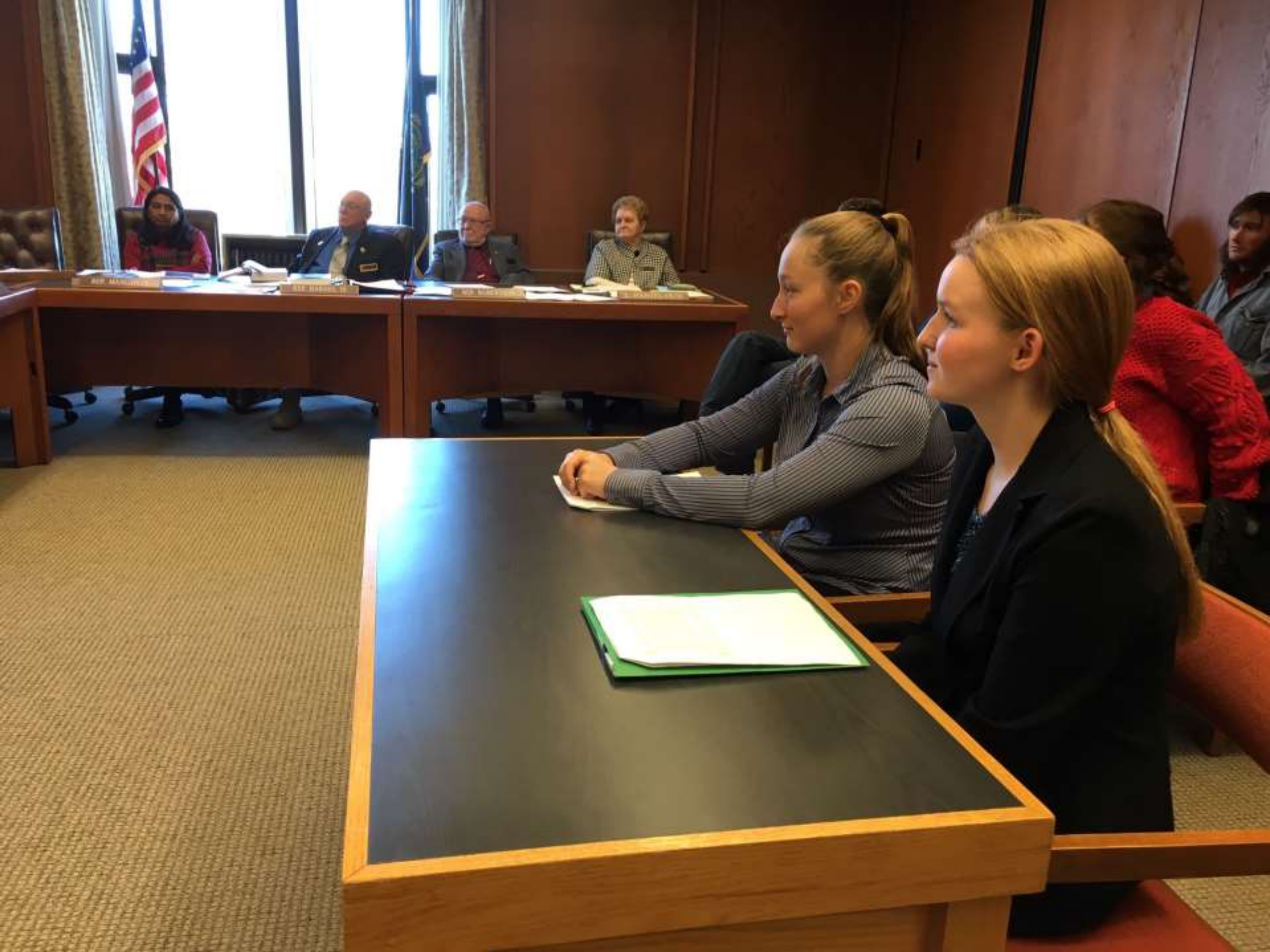
Section #1

*Principles of Youth
Empowerment*

Dover Youth to Youth









Youth 2 Youth

The TRUTH About Alcohol



Dover Youth to Youth



↪ Our Model

↪ KNOWLEDGE

↪ SKILLS

ACTION

Focus Areas

- Education
- Community Awareness
- Policy Change
- Media

Classroom Presentations



Samantha Skunk: Rx & Medicine Safety

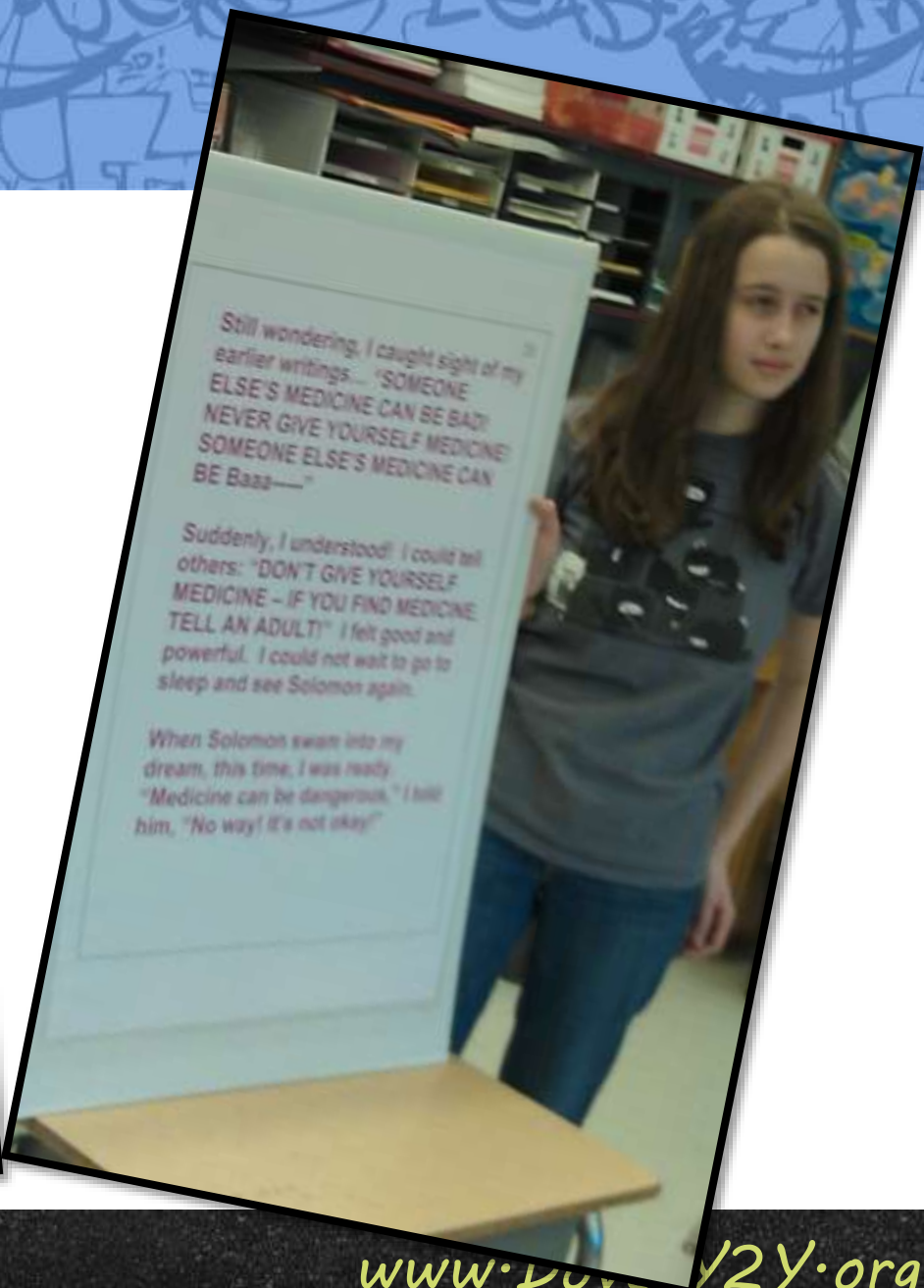
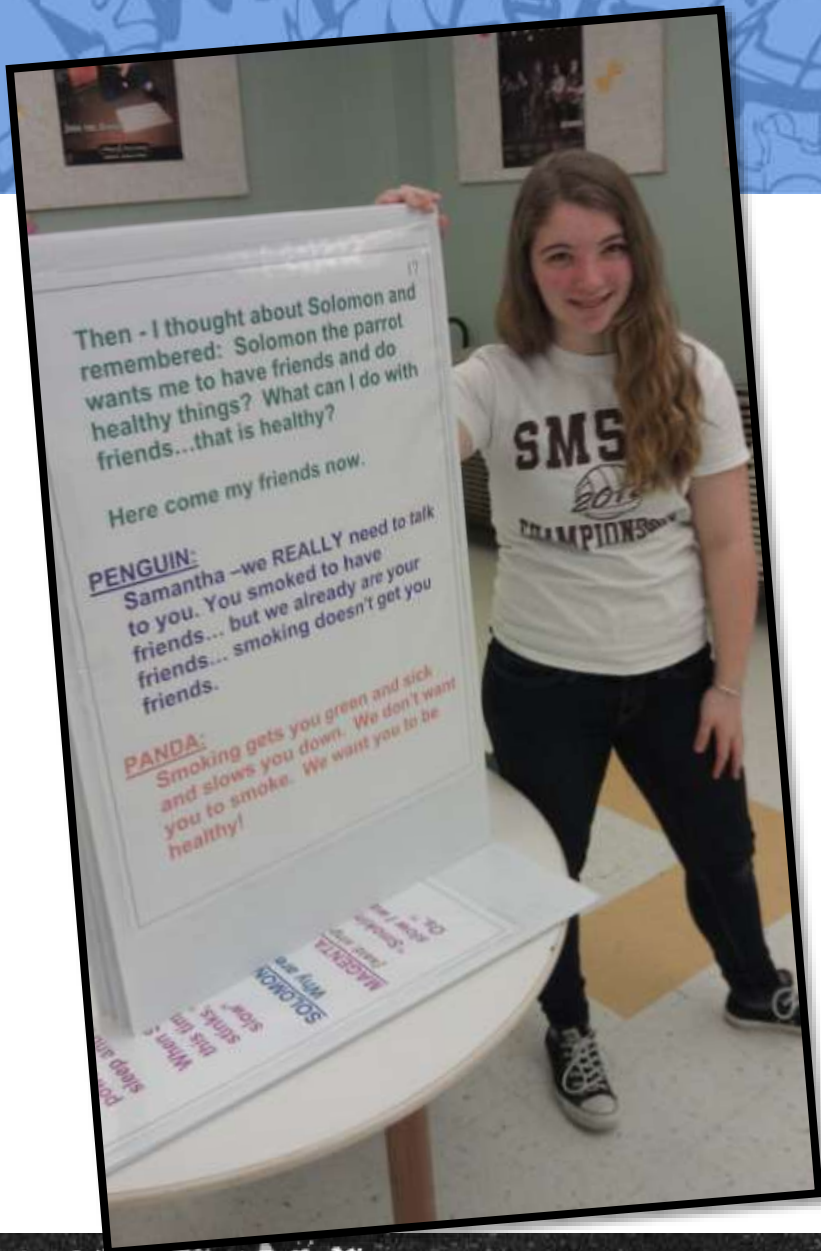


Samantha the Magenta Skunk



Solomon the Parrot





Presentations

↘ Module 3A-6

Samantha Skunk



www.SamanthaSkunk.com

Large Assemblies

Module 3A-2

8 Things the Alcohol Industry Doesn't Want You to Know





Bud
KING OF BEERS

Budweiser

Budweiser
KING OF BEERS

Brewed by our original all-natural process

YANESS

College binge drinking takes lethal toll

Honor student dies in Colorado

By Angie Wagner
ASSOCIATED PRESS

FORT COLLINS, Colo. — By the time the rainy night stretched into early morning, Samantha Spady had been drinking and partying for hours. Earlier it was beer and shots of tequila. Inside a frat house she was swilling va-



Samantha Spady, of Beatrice, Neb., died of alcohol poisoning in Fort Collins, Colo., Sept. 5.



AP PHOTOS

Members of Chi Omega grieved over the loss of their sorority during a candlelight vigil Sept. 7 in Fort Collins, Colo.

Two alcohol poisoning deaths on Colo. campuses stir change

By Ch...
GLOBE CI

FORT COLLINS: Colorado universities and local officials are looking at more ways to reduce the number of alcohol poisoning deaths on campus by expanding education programs.

In Fort Collins, a University sophomore was found dead in a frat house in a frat house on Sept. 5, an alcohol task force report said. In the short term, it has banned the sale of beer



BILL HAFFER/ASSOCIATED PRESS/FILE 2004

Hundreds attended the 2004 funeral in Beatrice, Neb., of Samantha "Sam" Spady, a Colorado State University student who died at a fraternity of acute alcohol poisoning. About 700 percent, more than five times the national average, of college students, but...

checking into detox is on the rise," said Robert Maust, chairman of the standing committee on alcohol at the University of Colorado. "The profile seems to suggest that students have adopted a high tolerance. They are able to function well, right up to the point that their systems shut down."

Ann Quinn-Zobeck of Bacchus and Gamma, an international organization focusing on peer education as a strategy to prevent alcohol abuse, said, "A lot of students don't recognize alcohol poisoning until they just think they're just tired."

invitation for binge drinking, said Henry Wechsler, director of the National Institute on Alcohol Abuse and Alcoholism.

While the percentage of college students who binge drink has stayed about the same over the past 11 years, the amount they drink at one sitting has increased, Wechsler said.

Of more than 1,400 alcohol-related deaths each year among US college students, according to the National Institute on Alcohol Abuse and Alcoholism, about 10 percent of college students binge drink in a row for men, and at least once in two weeks. Half of those do it more than once a week.



Raped at 14, teen takes bold public stand

By Marcella Bombardieri

GLOBE STAFF

NEW GLOUCESTER, Maine — First, Lyndsey Kadziauskas decided to testify against two teenage boys who raped her at the first high school party she ever attended. Then the 14-year-old faced a second

soon know about what happened at that party.

She did not need to think it over. "OK, I guess I will" go public, the brown-haired girl decided.

"I wanted people around town and around Maine to understand it's not my fault," Kadziauskas, now 15, said last week at her home in this Portland sub-



GLOBE PHOTO/AMY TOENING

LYNDSY KADZIAUSKAS, 15, who was raped at a party

Solace for rape victim in speaking out

► **RAPE**
Continued from Page A1

private, the thinking goes, because to be exposed to shame and ridicule, to be cross-examined, can constitute a "second rape." Print and broadcast media, including the Boston Globe, customarily do not publish the name of a rape victim without that person's consent.

But that consent is increasingly being granted. Two California teenagers who were kidnapped and raped in August talked about their ordeal on "Today." Victims sexually abused by priests have held press conferences and started grass-roots organizations to demand change in the Catholic Church.

A memoir called "Lucky," about author Alice Sebold's rape, was number two on The New York Times's paperback best-seller list last week. The Central Park Jogger, whose identity has been shielded since she was raped and nearly killed 13 years ago, has a memoir due out in the spring that will include her name and photograph. It will be titled, "I Am the Central Park Jogger: A Story of Hope and Possibility."

In July, Omaha World-Herald columnist Michael Kelly wrote that his daughter Bridget had been raped, shot, and left for dead



her mother, Alinda, was raped last year. As she chose to speak out.

Advocacy Training

Youth 2 Youth members take their message nationwide

By LARRY CLOW
Democrat Staff Writer

DOVER — Members of Youth 2 Youth, a youth leadership and drug and alcohol prevention program, attended the Underage Drinking Enforcement Training Center's 7th Annual National Leadership Conference in Baltimore from Aug. 24-26.

Youth 2 Youth members presented two workshops to hundreds of law enforcement officers, educators and others working in the underage drinking prevention field. The first presentation highlighted the differences between the consequences of underage drinking and what a school administrator's show in addressing campaigns. The second presentation showed a youth-style program to set up a Youth 2 Youth-style program in their own hometowns.

"We've really gotten more into alcohol prevention in the last few years. Before we were leaning toward booze prevention," said Tyler Burdwood, one of the conference participants.

"It was really cool. They were all our age, so it was a lot easier for them to relate to us and what we're doing," said 16-

year-old Youth 2 Youth member Molly McCormack.

The Baltimore conference was sponsored by the state's first, and only, statewide youth organization, Youth 2 Youth. The conference was held at the University of Maryland's Center for Alcohol and Addiction Studies.

"I thought it was really good," she said. "A lot of people said, 'Oh my God, it was so good.'"

Youth 2 Youth members also speak at underage drinking and prevention conferences. In the past, members have attended conferences in New Jersey, New York, New Jersey, Maryland and New Jersey.

Burdwood went to three conferences this year for Youth 2 Youth. "It's fun, and when other kids are there, it's really nice. It's like, 'I'm here, and you're here. It's nice to be here.'"

Youth 2 Youth is coordinated by the Dover Police Department. Officer Michael Mitchell, Youth 2 Youth's coordinator, said he received a great feedback from conference participants.

"Since we've been to the conference, we've had a lot of feedback. It was a lot easier for them to relate to us and what we're doing," said 16-

Y2Y shares message with kids in Bermuda

BY DAN WATKINS

Dover Youth to Youth, a high school and middle school-based drug and alcohol prevention group, has been particularly busy these past few weeks.

The group visited Bermuda to offer the community a chance to have some Halloween fun while the group raised money for future youth drug prevention activities.





Policy Change

Policy Change Through Legislation

Students push state to fund anti-tobacco youth programs

Legislature | Fines collected for illegal sales to minors would fund prevention.

By KEVIN LANDRIGAN
Telegraph Staff

CONCORD — A group of Dover students said Tuesday they've got a cheap way New Hampshire could end its double ranking in support of programs to stop youths from smoking.

St. Thomas Aquinas High School senior Kaitlyn Reilly said the state could send an important public health message if it diverted to prevention what the state takes in from illegal sales of tobacco to customers younger than 18.

State budget writers estimate that would require about a \$3 million deposit.

"Is the state going to respond to this? Or are they going to leave the children of New Hampshire to the tobacco industry?" Reilly asked.

For the last three years, New Hampshire has been one of a small handful of states that devotes no state money to support of tobacco prevention programs.

Federal grants and unspent money from past years result in some money trickling to communities, but several initiatives, including one in Nashua, were shut down when budget writers stopped making an annual \$3 million contribution to prevention programs.

Dover Democratic Rep. Bill Knowles, the bill's sponsor, said it's only logical to start changing that with the help of tax receipts from illegal sales of cigarettes.

"It is illegal for them to smoke. Anybody who is smoking, that tax money should not go into the general fund because it's an illegal transaction," Knowles said.

The Centers for Disease Control

BILL AT A GLANCE

BILL NO: HB 1591.

SPONSOR: Dover Democratic Rep. Bill Knowles

DESCRIPTION: The bill would require the tobacco tax proceeds from illegal sales of cigarettes to minors to be diverted to programs that try to prevent young people from starting to smoke.

STATUS: The House Finance Committee hosted the initial public hearing on the bill Tuesday.

first for the fourth year in a row. Gov. John Lynch has taken no position on this bill, but his peers in both parties, including some eyeing the presidency in 2008, are starting to push this issue.

New York Gov. George Pataki last week proposed doubling spending on prevention through a tobacco tax hike of \$1 per pack. Iowa Gov. Tom Vilsack has endorsed a \$4 million spending increase in his state's program, while Arizona Gov. Bill Richardson has embraced a \$1.7 million increase in his state.

"It's not too late for New Hampshire to do the right thing," said Lori Fresina, regional director of the Campaign for Tobacco Free Kids.

New Hampton Republican Rep. Frank Wendelboe said prevention works, but when lawmakers raised the tobacco tax 28 cents per pack last year, more essential programs got the proceeds.

"If we are selling alcohol to minors, why not give alcohol taxes to substance abuse prevention for kids?" Wendelboe said. "The kids were really articulate, but you can take this logic to an extreme. The fact is peer pressure is what pushes a lot of young kids into smoking, and it's the right kind of peer pressure that changes things."

Wendelboe said her youngest son started smoking at 16 and

IN DOVER

UNKNOWN, PAGE A2

Youths start campaign for safer cigarettes

By MARCUS WEISGERBER
Democrat Staff Writer

DOVER — About 25 fires are caused by a youth drill pipe and a youth drill pipe wants to lower that number in Hampshire by asking to back legislation that would require retailers sold in the state to purchase special cigarettes.

The special cigarettes are rings which act as "space savers" to prevent the cigarette from being smoked less than the smoker inhales, said Lori Fresina, regional director of the Campaign for Tobacco Free Kids.

At this time, New York and Vermont are the only two states that have self-extinguishing cigarettes within state limits.

CAMPAIN,

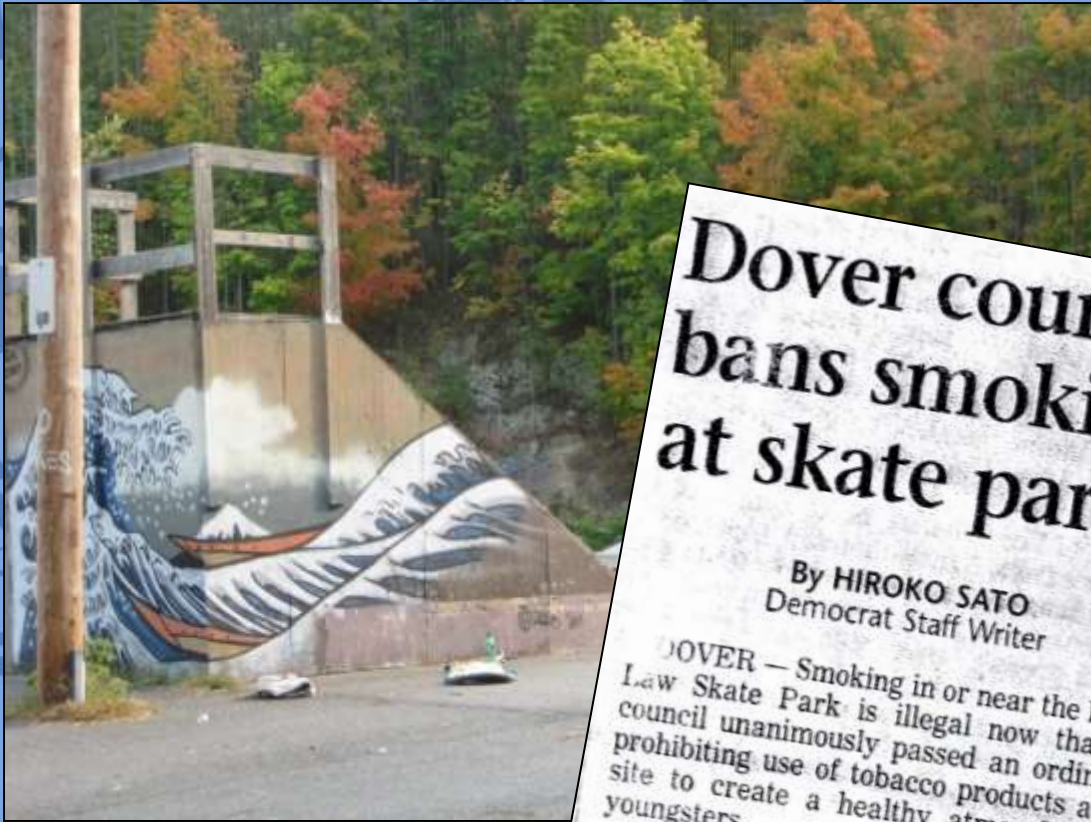


Youth group filing to make state do the right thing

Wants more dollars for anti-tobacco education

By MARCUS WEISGERBER
Democrat Staff Writer





Dover council bans smoking at skate park

By HIROKO SATO
Democrat Staff Writer

DOVER — Smoking in or near the Henry Law Skate Park is illegal now that the council unanimously passed an ordinance prohibiting use of tobacco products at the site to create a healthy atmosphere for youngsters.

At its meeting on Wednesday, the council approved the new regulation based on an idea proposed by St. Thomas Aquinas High School students participating in Youth to Youth, a citywide peer outreach group. Students representing Youth to Youth

★ **Smoking**
Please turn to Page 6B



Foster's Daily Democrat

www.fosters.com \$1

Since 1873

Thursday, February 11, 2016

WEATHER

TODAY	FRI	SAT
		
29°/17°	23°/14°	18°/-5°

Complete forecast, A11

LOCAL



DOVER

Council bans e-cigarettes

The electronic devices no longer allowed in city where cigarettes are prohibited

By Nik Beimler
nbeimler@seacoastonline.com

DOVER — The City Council on Wednesday night voted unanimously

to ban the use of electronic cigarettes where regular cigarettes are already banned on city property. This includes on school grounds and on city athletic fields.

Dover Youth to Youth, an alcohol and drug prevention group, brought the resolution to the council. Prior to the vote to approve the measure, Hannah Martuscello,

Haley Demeris and Emma Foss, three Youth to Youth members, spoke on behalf of the organization during citizens' forum.

"It will protect family aspects on public grounds and sports fields," Demeris told Foster's. "... And it will eliminate the negative influence that e-cigs can have on

children." As Demeris noted to the councilors, children who see adults using electronic cigarettes are more likely to think it is okay to use the devices. Violation of the new ban could result in a fine of \$50 for a first offense and \$100

SEE E-CIGS, A2

Dover tobacco law goes into effect July 4

Police say focus is more on education than enforcement

By Brian Early
bearly@seacoastonline.com

DOVER — The Fourth of July is not only the celebration of the country's independence, but it is also the day Dover's new tobacco ordinance goes into effect.

The ordinance the City Council passed on Wednesday that increases the age to use, possess and purchase tobacco products from 18 to 21 years of age in Dover goes into effect on July 4, said Dover Police Chief William Bresault.

But don't expect heavy-



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See 1

Dover to raise tobacco age to 21, first in NH

City Council approves measure despite business owner objections

By Brian Early
bearly@seacoastonline.com

DOVER — The Garrison City will become the first municipality in the state to raise the legal age to possess, use and purchase tobacco products in

Members of Dover Youth to Youth had brought forward the resolution and asked Weston to sponsor it, which she agreed to do. Weston recused herself from the discussion and vote to avoid a conflict of interest as the store she co-owns with her family sells cigarettes.

Three members of Dover Youth to Youth, Hannah Martuscello, Olivia Malone and Elsa Rogers, spoke on behalf of the ordinance during a public hearing before the City Council at Wednesday's meeting. They said the ordinance will take effect on July 4, 2018.

00
02 THERE

DIZZYTHMIA

Three-person team delivering testimony in front of a NH Senate Committee.



Testimony before a committee of the NH House of Representatives.



Proposing a State Law

NH's Party Host Law



Zig-Zag Project



Policy Change: Fire Safe Cigs

Dover Youth to Youth legislative effort successful

New Hampshire Governor John Lynch recently signed a piece of legislation that originated with the Police Department's Youth to Youth Program. The new law will require that only "self-extinguishing" cigarettes be sold in this state. The initiative is a public safety effort since the new cigarettes will be designed to go out if they are put down and not used — making them less likely to start a fire if disposed of carelessly or dropped on a sofa cushion. The Dover students solicited the help of the Dover Fire Department, who became instrumental in getting the proposal through the legislature with the help of the NH Fire Chiefs Association.

Self-extinguishing cigarettes are designed to put themselves out by adding thin rings of

paper in the cigarette that act as "speed bumps" preventing the cigarettes from continuing to burn unless the smoker inhales. The cigarettes are also packed differently during the manufacturing process.

In 2004, Dover Youth to Youth approached Dover Fire Chief Perry Plummer about supporting a self-extinguishing cigarettes law. Plummer brought this information to the New Hampshire Fire Chiefs Association. The Fire Chiefs Association then hired a lobbyist to help them draft a bill.

During 2005's legislative session, the bill made it through the Criminal Justice and Public Safety committee and then went on to the Ways and Means Committee. At the Ways and Means Committee hearing, 15-year-old Emily Martuscello,

who is the youth leader in charge of this project for Youth to Youth, spoke in support of this bill.

"It's not just the smokers who are killed in these fires. The smoker's family and the family next door also could be killed or injured," Martuscello told the committee.

Despite this support, the bill was held over for study instead of being passed that year. In 2006, the NH House Ways and Means Committee finally voted to approve and pass the bill. The full House then voted overwhelmingly to pass the bill 272 to 72. The Senate followed suit this spring, paving the way for the governor's signature on May 31.

Dover Youth to Youth students had conducted their own non-scientific experiment with

the self-extinguishing cigarettes. Students placed the self-extinguishing cigarettes and regular cigarettes in an ashtray, and lighted both cigarettes to watch them burn. After a few minutes students noticed that the regular cigarette was burning at a considerably faster speed than the self-extinguishing cigarette and was creating much more smoke. As the regular cigarette was burnt almost to the filter, the self-extinguishing had made less than halfway, and was almost out. At the end of experiment, Martuscello said, "This just goes to show these cigarettes really do work and they can save lives."

Each year almost 1,000 people are killed in fires from cigarettes, and another 100,000 are injured. In 2004, Nevada was the first state to pass

law. Since then, California, Illinois, Vermont and Canada have passed laws that require self-extinguishing cigarettes.

Gov. Lynch signs 'firesafe' cigarette bill

By COLIN MANNING
N.H. Statehouse Writer

CONCORD — One high school student's "cool idea" has matured into a bill that fire chiefs from across the state say will save lives.

Emily Martuscello, a freshman at Dover High School, read about self-extinguishing cigarettes, also known as "firesafe" cigarettes, sold in other states.

"I thought that if it could save lives, why couldn't we do it here in New Hampshire?" she said Wednesday at the Statehouse. "I'm really proud of this."

Martuscello, a member of the Dover Youth to Youth group, joined the state's fire chiefs to watch Gov. John Lynch sign a bill (HB 645) into



Action Projects

Sticker Shock

↘ Module 3C-1

Alcohol and Youth Don't Mix

Teens may look mature - but their brains are still growing and developing until age 25.

Alcohol can permanently affect a brain's development, as well as mess up the part of the brain that is responsible for judgment, impulse control and risk taking.



Alcohol can help teens make the dumbest decisions of their lives.

www.DoverYouth.com



Community Awareness

Module 3C-6

Zombie Project







DIZZYTHMIA



MONITOR YOUR MEDICINE
Rx ABUSE IS ON THE RISE

YOUR MEDICINE CABINET IS SCARY

ZOMBIES SCARY

YOUR MEDICINE CABINET IS SCARY

Rx take back

ZOMBIES take back

TAKE BACK

Monitor your Medicine
Rx ABUSE ON THE RISE

Take Back Day this Saturday

Dover Police Dep
10am—2 pm

Dover, NH
Youth 2 Youth



Rx 7
at Dove
10a

pt.

TAKE YOUR
MEDICINE
SCHEDULE
ZOMBIE
SCHEDULE
BIT

YOUR
MEDICINE
CABINET
IS SCARIER

YOUR
MEDICINE
CABINET IS
SCARIER

10-2

SATURDAY
TURN
IN YOUR

TURN
IN YOUR
MEDICINE

YOU
ME

LIVER

a



Scarier than zombies

Unused meds can kill; drug takeback event this Saturday

By **KIMBERLEY HAAS**
khaas@fosters.com

DOVER — A group of students dressed as zombies were gathered in front of City Hall Wednesday afternoon, raising awareness about the Police Department's prescription drug takeback event.

"If you think zombies are quite a sight, your medicine cabinet is a really big fright," the students, who are part of Dover Youth to Youth, chanted.

This is the third year in a row YZY members have participated in a zombie demonstration.

Over the course of the year, Dover...



Ryan McBride

over City Hall during a "zombie walk" of Dover Youth to Youth members, Carmen Anderson, Sarah Albion, Evan Anglace and William Holtz speak during a news conference. The group was present from 10 a.m. to 2 p.m. at the Dover police station.

pharmacies are take-back of the home if it makes the possibility of them getting the hands of curious and naive youth who don't know these drugs because they are prescribed by a doctor.

ZOMBIES.



DOVER

They want your pills



Kettlewood, 12, and Stone Slattery, 12, from Dover Youth 2 Youth hold a Press conference and rally of Zombies on the steps of City Hall in Dover. Youth 2 Youth is hoping to increase participation in this fall's Drug Take Back Day next year. PHOTO BY SHAWN ST. HILAIRE/FDSTERS.COM

to Youth raises awareness of Drug Take Back Day

Take Back Day scheduled for Saturday. The Dover Coalition for Youth, the Dover Police Department and the Drug Enforcement Administration (DEA) are sponsoring the take back, which lets people dispose of expired, unused and unwanted prescription drugs at the Dover Police Station from 10 a.m.-2 p.m. The service is free and anonymous.

Three Dover Youth to Youth members — Claire Roy, Audrey Kettlewood and Stone Slattery, all 12 years old — stood in front of a horde of 21 chanting, poster-wielding zombies and held a press conference on Saturday's event and the importance of disposing prescription drugs safely.

"This initiative is important because medicines in home cabinets are highly susceptible to theft, misuse and abuse."



MEMBERS OF DOVER YOUTH TO YOUTH assemble at Dover City Hall dressed as zombies on Wednesday to promote Dover's Drug Take Back Day this Saturday.

Zombies

From Page A1

teen who these drugs get them from family and friends.

On Saturday at 16 Locust St., residents are invited to drop their unwanted prescription medications off anonymously between 10 a.m. and 2 p.m.

Over the last four years, the department has collected about 430 pounds of unwanted, unused drugs and the Youth to Youth members wanted to do what they could to help increase that

medications and the danger from misuse.

"In a fun way we want people's attention and then to come out on 5th Street," said Halley Drewers, staff member.

Halley said the effort of getting their message out is important "so people don't lead to a drug that is really scary."

"When kids get a hold of prescription drugs, they can get addicted later," she said. "We need to know what our students are doing with her."

or Katie Palra and her...

Local paper the next day.

Zombies declare war on drugs

Parents warn community to dispose of old medications

By ANDREA BULFINCH
abulfinch@fosters.com

DOVER — "If you think zombies are quite a sight, you're needed. Let me tell you, a zombie cabinet is quite a fright!"

Members of Youth to Youth chanted from the steps of City Hall before shambling through the downtown area to raise awareness about Drug Take Back Day to be held this Saturday. For the fifth year, Dover police will be taking part in the national initiative to rid homes of unwanted and unused prescription drugs.

The effort is in conjunction with the Dover Coalition for Youth and the Drug Enforcement Administration.

About 40 "zombies" shared the dangers of prescription drug abuse with passers-by telling them that according to surveys, one in five New Hampshire school students have used a prescription drug that is not theirs. They also said the medications found in home medicine cabinets are highly susceptible to abuse and misuse and that 70 percent of

See ZOMBIES, A6



Julian Russell/Dover photographer



Julian Russell/Dover photographer

MICHAEL MARONE, 11, of Dover dressed as a zombie on Wednesday as part of a Youth to Youth event at Dover City Hall to promote Dover's Drug Take Back Day on Saturday.

MAKESHA KIMBALL, 11, of Dover, front and other undead friends dressed as zombies Wednesday as part of a Youth to Youth event at Dover City Hall to promote Dover's Drug Take Back Day on Saturday.

NATIONAL DRUG TAKE BACK

Zombie students promote event

People can drop off unwanted drugs anonymously.

By Alan Early
early@fosters.com

DOVER — Students dressed as zombies stood on the steps of City Hall Wednesday, alerting the public with signs and chants about the National Drug Take Back event taking at various places in the area this Saturday.

"If you think you zombies are scary, just look inside your medicine cabinet," yelled the 30 students in unison. The students were a mix of members from Dover Youth to Youth and Fitchester Youth to Youth.

The drug take back is from 9 a.m. to 2 p.m. Saturday. The service is free, anonymous and no questions will be asked. While the event focuses on prescription drugs, Val Herbert, Dover Youth Coalition Coordinator, said any drug will be accepted, from headache medicine to heroin.

"It's amazing the amount of drugs people bring in," Herbert said. According to documentation from Fitchester, in the 10 years Dover has participated in the event, they have collected over 1,400 pounds of drugs.

"We've had people bring a kitchen drawer full of drugs," she said. The reasons vary. From family members wanting to dispose of medications of a loved one who died to a person who had knee surgery wanting to get rid of the unused drugs.



Zombies at Fitchester from Dover and Fitchester Youth to Youth held a rally of Zombies Wednesday afternoon on the steps of City Hall in Dover. Youth to Youth is hoping to increase participation in this fall's Drug Take Back Day to meet higher goals than last year. Photo by Alan Early/Fosters.com

She said people can knock out names on the bottles at the event, or they can dump it loosely into the collection container. She said the Drug Take Back event is sponsored by the state and is held at various locations nationwide, taking the collected materials and incinerates the drugs. Students held signs that

"Protect your prescription," "Who are your suppliers?" and "Are your kids drug dealers?" They wore makeup, wigs and ripped shirts. Some stood on the sunny tanning bed porch that said: and 17 teens have abused medication and 70 percent of towns who have

See ZOMBIES, A2

DIZZY RHYTHMIA



DIZZYTHMIA

Hilltop Funcenter Project

Black flagged

Hilltop Fun Center's Budweiser go-cart parked for 'promoting' alcohol use

By AARON SANBORN
asanborn@fosters.com

SOMERSWORTH — A go-cart featuring Budweiser decals has been removed from the race course at Hilltop Fun Center after members of Youth to Youth waived the caution flag about its presence on the track.

The go-cart was parked in the garage shortly after members of the youth group approached Hilltop Owner Steve Cote on Wednesday and voiced concern that a cart featuring such decals didn't belong at a facility that long at a youth frequent.

While Cote was willing to group,



EJ Henden/Staff photographer
NICOLE HODGON gives a presentation for Dover Youth to Youth with a photograph of a go-cart behind her.



Youth **2** Youth





BUD
King of Beers

BIGY



Budweiser

9

OT

Hilltop Funcenter Project



Retail Responsibility Campaign





THE MALL AT ROCKINGHAM PARK

A SIMON MALL



Step #1: Environmental Scan (What's out there?)



Spencer Gifts

y2y.org

Go Games Store



Smokin' Dice Game

Grab your buds and roll them bones!

Includes
Instructions



For a full back story...

 **CHUGOPOLY**



Go Games Store

"Can You Hang?"



Cell Fashion

Step #2: Decide if there is a problem

Step #3: Attempt purchases to see if kids can buy it.

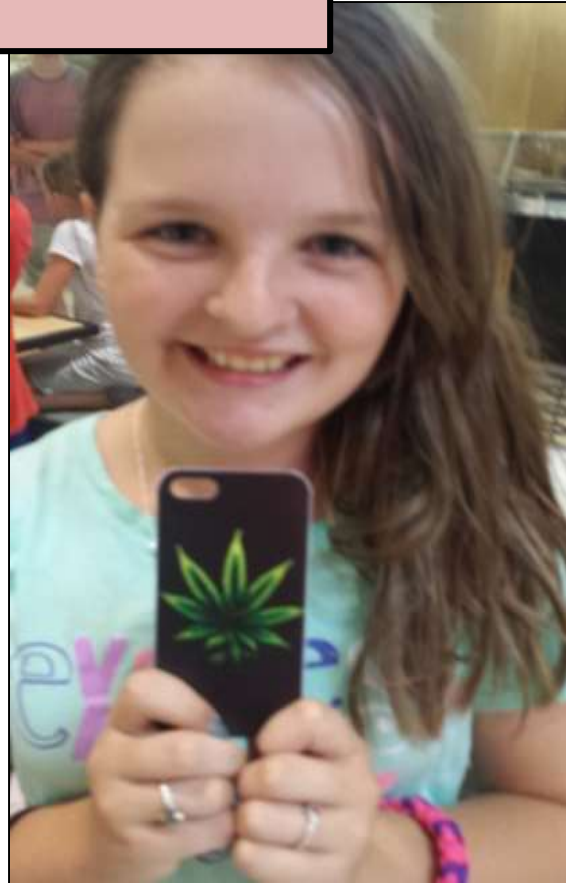


16 years old

Fox Run Mall Purchases

Cell Fashion Store

10 years old



11 years old



Fox Run Mall Purchases

Go Games Store



14 years old



Fox Run Mall Purchases

GO! Toys and Games Store



10 years old

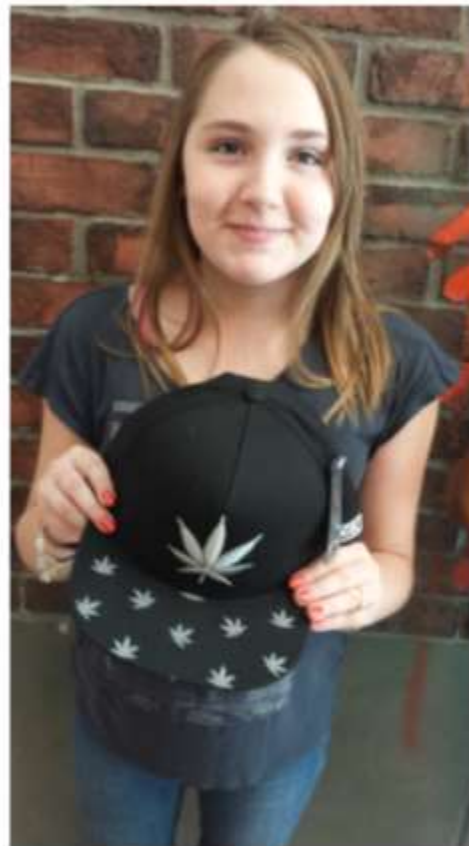
Fox Run Mall Purchases

“Lids” (hat store)



12 years old

11 years old



10 years old

Mall at Rockingham Park "Lids" Hat Store



11 years old

Steeplegate Mall Purchases

Spencer Gifts



13 years old



SmuggleYourBooze.com

5 FAKE TAMPONS
Smell-Proof

Dube Tubes

HIDDEN IN PLAIN SIGHT



SMUGGLE YOUR
DUBE

Steeplegate Mall Purchases

Spencer Gifts



13 years old

Mall of NH Purchases



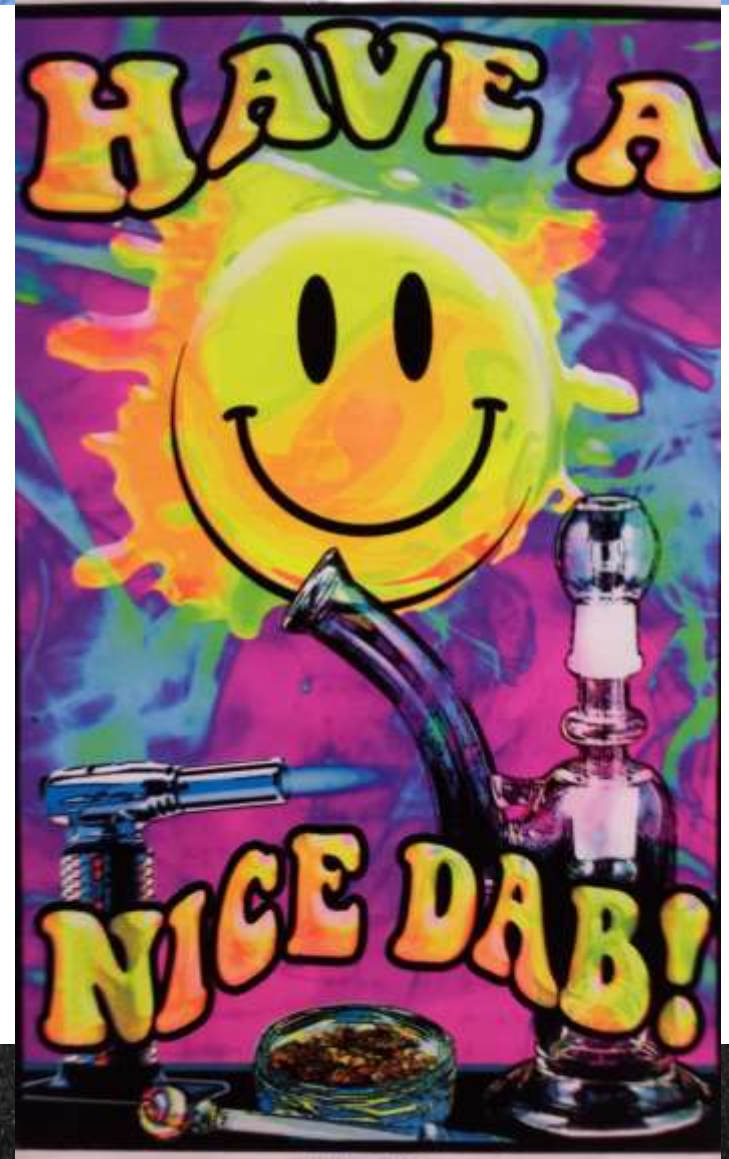
13 years old:

**Beer Keg Halloween
costume**

Mall of NH Purchases *Spencers*

Poster purchased at
Spencers at Mall of
NH

13 years old



Mall at Rockingham Park *Spencers*



15 years old

Mall of NH Purchases *Zumies*



9 years old

Step #4: Prepare & Deliver Letters to Stores

The manager of the Cell Fashion store at Fox Run Mall, a store that sells cell phone cases (like the one shown) emailed us after receiving a letter:



“I'm glad you came to me with concerns regarding the printed cases with marijuana leaves. We thought that it is not a big issue... but as some group member came and explained about the impacts and messages that might have some negativity on kids. I take it in positive way. I really appreciate for your concern towards my store... As you suggested not to sell for kids under 18 , we will do that and we will check ID...”

Purchases: *Store Responses*



13 years old

Purchases: *Store Responses*

In addition we received this response from the owners of the Custom T's kiosk at the Mall of NH:

“We have received your letter of concern and want to apologize for selling 2 custom pot tshirts to your students/members of your group.

It was assumed it was a gift... we will keep an eye on who it is sold to by making sure there are parents there. We would like to reach out and give the teens free tshirts because of this mistake from one of our nicer designs...”

Step #5: Create a Display out of the purchased items



Step #6: Inform the public of the problem & your goals.



RAISING AWARENESS

Group calls out retailers for underage sales

Youth 2 Youth urges stores to stop selling drug-themed products

By Casey Conley
cconley@fosters.com

DOVER — Youth 2 Youth members are calling on retailers to stop selling

drug- and alcohol-themed merchandise, especially to children.

Members of the Dover student group bought clothing, skateboards, posters and accessories adorned with marijuana leaves from the Fox Run Mall and three other malls around the state, Youth 2 Youth student leaders said during a Tuesday press conference.

“We feel that allowing kids to purchase these products is a problem because it makes it seem that these harmful substances, specifically marijuana, have no consequences and are risk-free,” said Jordan Schneider, a Dover High School senior.

There are no laws against selling these items to people under 18, but the group believes young people will

approach drugs with less caution if these images become mainstream.

Dover Youth 2 Youth is an after-school anti-drug group comprised of Dover students. Dover Police Department oversees the group, which aims to raise awareness about the effects of substance abuse.

SEE RETAILERS, A2



Members of Dover Youth 2 Youth show off some of the merchandise promoting marijuana use sold to children and teens in the group Tuesday afternoon in Dover. PHOTO BY SHAWN ST. HILAIRE/FOSTERS.COM

Step #7: Plan other activities to make the public sensitive to these messages (PTA or Rotary presentations)



Step #8: Evaluate Results



Creating Media

Youth  Youth

Radio PSAs



Video PSAs

↓ Module 2C



Long Term Campaigns

Youth  Youth

What is a Campaign?

*When we use the term
CAMPAIGN, we mean:*

- A sustained effort > 1 year*
- With a single Message.*
- Usually more than one type
of activity.*

Taking Action – Community Advocacy

“Tell The Truth Campaign”





TRUTH

**IMPAIRS DECISION
MAKING**

Have You Ever Seen These Words in a Beer Commercial?

DATE RAPE **VIOLENCE**
Depression **Falls**
Teen Pregnancy **SUICIDE**
Liver Disease **Alcohol Poisoning**
AND... ADDICTION



**Hey Big Alcohol,
We WANT the**



TRUTH

Sincerely,

Dover, NH

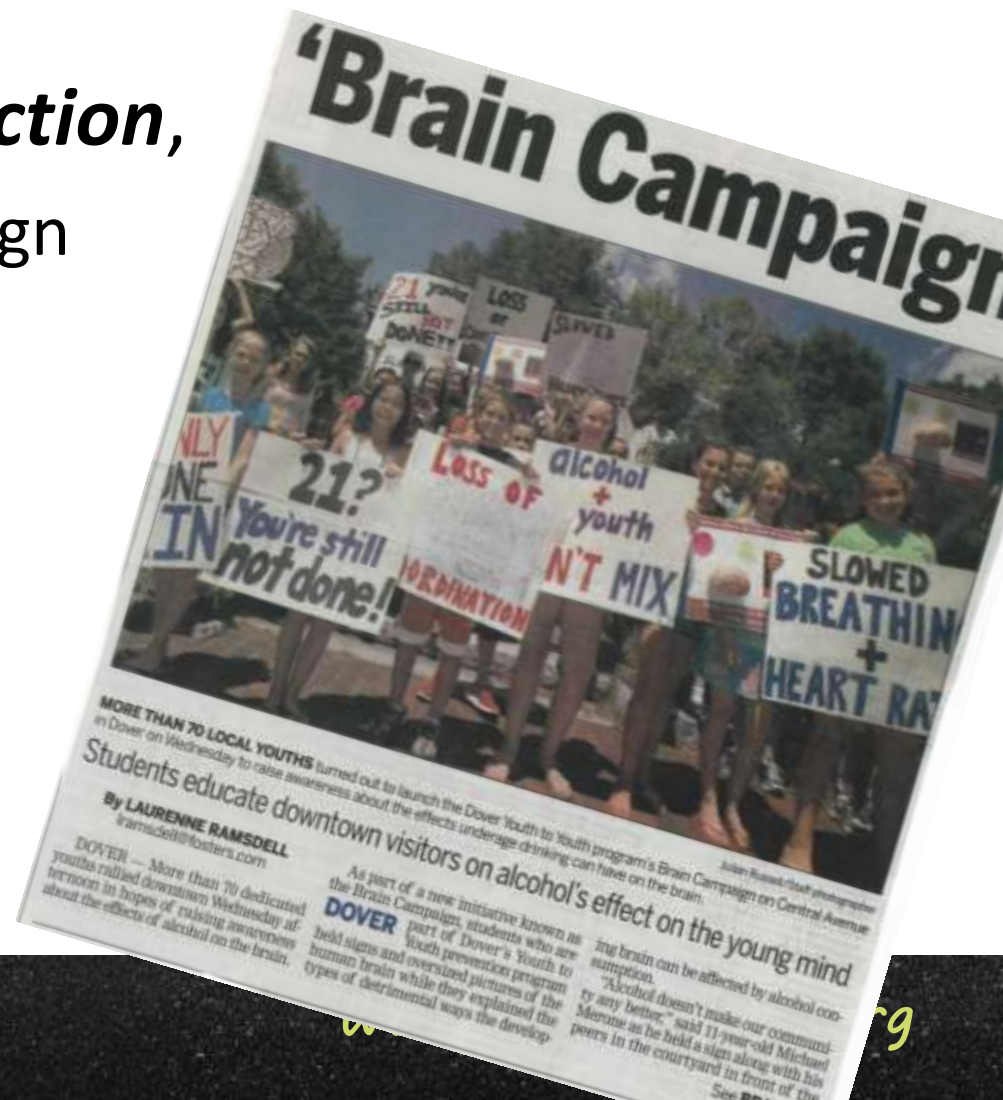
Youth **2** Youth

Dover Youth to Youth is a program
of the Dover Police Department

Taking Action: Long Term Campaigns

- Taking longer term **Action**,
 - Conducting a Campaign
 - For Example:

Module 3C-4



Brain Campaign Message

Module 3C-4

Alcohol affects ALL parts of your brain.



**When it comes to Grey Matter,
it ALL Matters.**

For more information on Alcohol and the Brain visit www.DoverCoalition.org

- ❑ Alcohol doesn't just make you tipsy, effects all parts of the brain.



What's Your Message

Brain Message

- All areas of the brain are affected by alcohol
- The younger the drinker, the more damage it does.



BRAIN CAMPAIGN MESSAGE

Alcohol affects ALL parts of your brain.



**When it comes to Grey Matter,
it ALL Matters.**

For more information on Alcohol and the Brain visit www.DoverCoalition.org



Kick Off Event

Posters & Signs



Posters & Signs



Street Activism

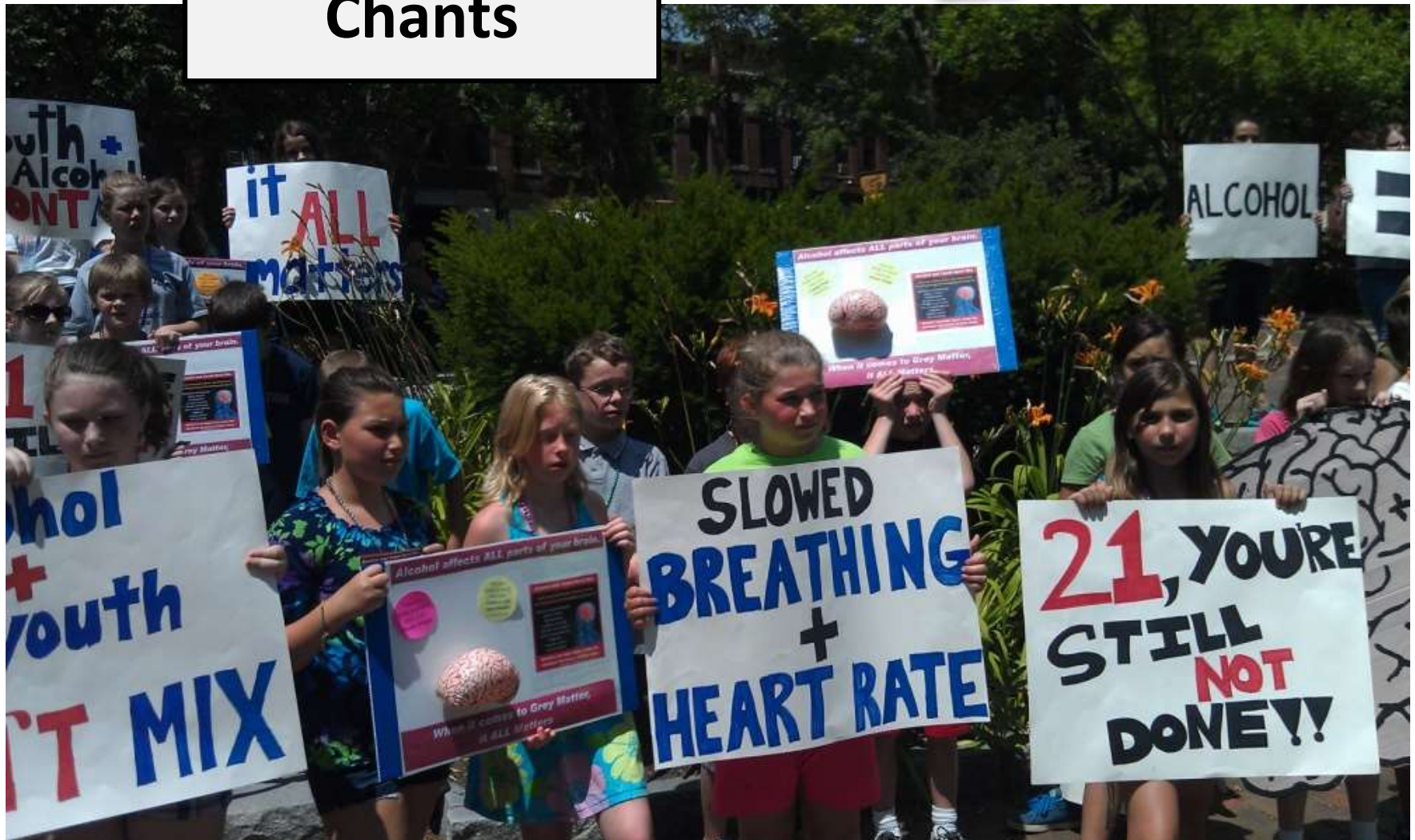


Larger Visuals

Street Activism

↘ Module 2E

Chants



Palm Card

Alcohol affects ALL parts of your brain.



**When it comes to Grey Matter,
it ALL Matters.**

For more information on Alcohol and the Brain visit www.DoverCoalition.org

Alcohol and Youth Don't Mix

Teens may look mature - but their brains are still growing and developing until age 25.

Alcohol can permanently affect a brain's development, as well as mess up the part of the brain that is responsible for judgment, impulse control and risk taking.



**Alcohol can help teens make the
dumbest decisions of their lives.**

For more information on Alcohol and the Brain visit www.DoverCoalition.org



Press Conference

↪ Module 2D





Reporter

'Brain Campaign'



Julian Russell/Staff photographer

MORE THAN 70 LOCAL YOUTHS turned out to launch the Dover Youth to Youth program's Brain Campaign on Central Avenue in Dover on Wednesday to raise awareness about the effects underage drinking can have on the brain.

Students educate downtown visitors on alcohol's effect on the young mind

By **LAURENNE RAMSDELL**
lramsdell@fosters.com

DOVER — More than 70 dedicated youths rallied downtown Wednesday afternoon in hopes of raising awareness about the effects of alcohol on the brain.

As part of a new initiative known as the Brain Campaign, students who are part of Dover's Youth to Youth prevention program held signs and oversized pictures of the human brain while they explained the types of detrimental ways the develop-

ing brain can be affected by alcohol consumption.

"Alcohol doesn't make our community any better," said 11-year-old Michael Merone as he held a sign along with his peers in the courtyard in front of the

Sticker Shock Sticker

Module 3C-1

Alcohol and Youth Don't Mix

Teens may look mature - but their brains are still growing and developing until age 25.

Alcohol can permanently affect a brain's development, as well as mess up the part of the brain that is responsible for judgment, impulse control and risk taking.



Alcohol can help teens make the dumbest decisions of their lives.

www.DoverYouth.com



8 Things the Alcohol Industry Doesn't Want You to Think About

Module 3A-1



Brain PSA's

Module 2C





*Youth Empowerment
Theory*

Advocacy & Activism

- **Advocacy:** Supporting a position or cause.
- **Activism:** Advocacy designed to cause change – usually social or political change – by confronting an entrenched status quo or a very powerful opposing force.



Historical Look at Activism

Rosa Parks



Historical Look at Activism

Segregation



WE SERVE
WHITE'S *only*

Parkland youths turn to voter drives

Will tour nation by bus to foster better gun laws

By Kelli Kennedy
ASSOCIATED PRESS

PARKLAND, Fla. — A day after graduating, a group of Florida high school shooting survivors announced they will spend their summer crossing the country by bus, expanding their activism from rallies and school walkouts to registering young voters to work for stricter gun laws.

David Hogg, Emma Gonzalez, Cameron Kasky, Jaclyn Corin, and about two dozen other students have become the faces and voices of bloodshed in American classrooms.

They stood together Monday in matching black "Road to Change" T-shirts, holding placards at a park just down the street from Marjory Stoneman Douglas High School where 17 were killed on Valentine's Day.

In the months since the shooting, the students have rallied hundreds of thousands of



WILFREDO LEE/ASSOCIATED PRESS

Parkland survivor Cameron Kasky spoke during a student news conference Monday.

noting voter turnout in the last midterm elections was the lowest since World War II.

That's why the students are planning more than 25 stops in

at all times, and installing cameras to monitor every inch of school grounds.

In other gun-related developments:

■ A man suspected in four

dead near Scottsdale, Ariz.

Police said the killings Friday of paralegals Veleria Sharp, 48, and Laura Anderson, 49, were related to Pitt's shooting.

■ A San Diego police officer accidentally shot himself in a

The Terms We Hear

- Youth Involvement...
- Youth Engagement...
- and,
- Youth Empowerment



The Terms We Hear

- **Youth Involvement:** *committed to the task.*



- **Youth Engagement:** *committed to the mission.*

↪ Our Model

↪ KNOWLEDGE

↪ SKILLS

ACTION

Knowledge

- ✓ **Learn about the problem**
- ✓ **Develop “command” of the topic**
- ✓ **Expertise = Understanding of possible solutions = Desire to take Action**

Examples of Knowledge

- ✓ Drug Information and Stats
- ✓ Advertising Patterns
- ✓ Working with the Press
- ✓ Consequences of use
- ✓ Pop Culture Influences on youth drug use

Posters & Signs







Brain Campaign Message

↪ Module 3C-4



- Focus on “8 Consequences” of underage drinking.

Skills

Before you can take action...

You need the SKILLS to do so.



Examples of Skills

- ✓ Presentation Skills
- ✓ Media Production Skills
- ✓ Activism Skills
- ✓ Writing Skills
- ✓ Theatrical Skills
- ✓ Leadership Skills

Types of Action

- Education
- Community Awareness
 - Policy Change
 - Media

↪ Our Model

↪ KNOWLEDGE

↪ SKILLS

ACTION

It's A Two-fer

1. The impact the programs, projects and activities have on the community.
2. The impact on the Youth Advocates participating in the Youth Empowerment program.

Evaluation

- ✓ 2010 Service to Science TA selection as a promising practice
- ✓ 2011 Service to Science capacity building Grant Award
- ✓ 2013 Placed on NH's list of Evidence-based Programs

Fidelity of Replication

Developed tools to aid replication:

✓ Fidelity Checklists

✓ Toolkit

✓ TA & Training



Item	Present	Not Present	Notes	Date
1. Toolkit is available to all staff	<input type="checkbox"/>	<input type="checkbox"/>		
2. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
3. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
4. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
5. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
6. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
7. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
8. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
9. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		
10. Staff are trained on the toolkit	<input type="checkbox"/>	<input type="checkbox"/>		



Section #4
RESOURCES:

The Toolkit

The One Voice Youth Empowerment Toolkit:

- It's a *toolkit*...
- Not a curriculum





*Coaching Youth
Advocates*

Coaching Techniques

**Coaching to Improve Skills =
Teaching**

Technique #1

Coaching Principle:

- Teens (people) learn better if a task is broken down into component parts.

Presentation Skills

Getting the Right Sound

- **Volume Control**
 - **Speed Control**
- **Animation of Voice**
- **Animation of Body**

Presentation Skills

#3 Animation of Voice

Five Techniques:

- Spacing/Pauses**
- Emphasize Words**
- Vary Speed**
- Stretch Words**
- Vary Pitch**

Technique #2

Principle:

- Teens (people) learn better if a task is in a series of logical steps.

Step #1: Environmental Scan (What's out there?)



Spencer Gifts

y2y.org

Step #3: Attempt purchases to see if kids can buy it.



16 years old

Mall at Rockingham Park "Lids" Hat Store



11 years old

www.DoverY2Y.org

Legislation: Key Steps

- 1. Research your issue thoroughly.**
- 2. Develop your group's position on the issue.**
- 3. Find a sponsor (if it's your proposal)**
- 4. Prepare testimony. Make it simple, concise and logical.**
- 5. Prepare visuals that will help illustrate the issue.**

- 6. Educate others – the public, parents, and other youth groups. Create a press release.**
- 7. Practice presentation of testimony**
- 8. Other contact with legislators – letters, emails and calls.**
- 9. Deliver testimony at public hearing.**



10. How did it go? If it passed:

(1) thank or recognize supporters, and

(2) evaluate the need for public education about the new law or other steps to insure law is effective.

Henry Law Park



Dover Rotary Bandshell



Playground Area



Step 1: RESEARCH

- ✓ **Checked ordinances and found out smoking was not restricted.**
- ✓ **Spoke to the director of the Parks... he considered smoking a problem.**
- ✓ **Took photos of the area.**
- ✓ **We did an onsite survey of Butts in the Park.**





926 Cigarette Butts Collected



Step 2: Develop Position

- Our group considered the area and decided that it made sense to make it a non-smoking area.



Step 2: Develop Position

- Our position was that allowing smoking was:
 - ✓ Not in keeping with the kids nature of the location,
 - ✓ A nuisance to people at music events, and
 - ✓ A litter issue.





Step 3: Get a Sponsor

- ✓ We asked the mayor to sponsor our ordinance proposal – he agreed.



Step 4: Testimony Prep

- ✓ A 3-member team of our students drafted the testimony,
- ✓ Presented it to the full team, and
- ✓ Took comments, suggestions.
- ✓ Revised & finalized testimony. Always in writing.

Step 5: Visuals

We created:

- ✓ **A handout to give to each member of the City Council.**
- ✓ **Used a glass jar to hold the butts we picked up during the research phase.**



Step 5: Visuals (cont.)

We created:

- ✓ A PowerPoint to illustrate the boundaries of the area to be restricted.
- ✓ Printed a large Google earth map of the Park that we put on an easel.





Washington St.

Henry Law Ave.

Band Shell Seating

Playground Area

Visuals

- ✓ Used a glass jar to hold the butts we picked up during the research phase.



Step 6: Educate Others

Reached out to Rotary Club, Children's Museum director, & parents. Chose not to do a press conference.



Step 7: Prepare & Practice

- ✓ Presented the testimony to our group.



Step 8: Contacting Legislators

We did get the Children's Museum to write the City Council a letter of support.



Step 9: Deliver Testimony

- ❑ Presented the testimony before the City Council.



Step 10: Evaluate

How did it go?

- ✓ Passed unanimously.
- ✓ Signage needed to make the legislation work.

Ask:

What can you do to help the policy change be effective?

Evaluate:



Technique #3

Principle:

- Provide a framework to build off of.
- In other words, a standard structure...

Structure of a Press Release

1st Paragraph

Summarizes what is happening and why. It is one or two sentences that tells the reader: **Who** is doing **What?**
Where and **When** is it happening,
and **Why?**

Structure of a Press Release

Middle Paragraphs

- Body of the document. Tells the details.
- Descending order of importance.

Structure of a Press Release

Closing Paragraph(s)

- Contact info for more information.
- Related web sites.
- Short summary of your group and its purpose.

Coaching Techniques

Principle:

- Provide a framework...
- For example: a template for a Press Release.

Youth Group Raising Awareness of the Dangers of E-Cigarettes

INTRO PARAGRAPH

My name is _____; my name is _____, and I am _____.

We are all members of Dover Youth to Youth and we are here downtown today to make the community aware of _____.

BODY Section A: INFO ABOUT THE ECIG PROBLEM

We are concerned about _____.

We feel this is a problem because _____.

We are particularly concerned about the various flavors. We feel flavoring nicotine creates the risk that _____.

Group member (name) said " _____ quote _____" [add quote about e-cigarettes or nicotine]

THE MAD SCIENTIST

DOVER Y2Y PSA DEVELOPMENT ASSIGNMENT

TEAM # _____

INSTRUCTIONS:

- Your team must produce a 30-60 second PSA script. Below you will be provided with varying information on the **GOAL, STRATEGY, SETTING** and/or **TARGET AUDIENCE**.
- In your PSA, you must utilize the information provided but use of imagination is also strongly encouraged within those parameters.

PROJECT TITLE: *THE MAD SCIENTIST*

BROAD GOAL OR TOPIC: E-Cigarette Use and Nicotine

CORE MESSAGE OR STRATEGY: Counter-Advertising

TARGET AUDIENCE: Teens or pre-teens primarily

SETTING: Your PSA will be designed around the theme of an evil or mad scientist creating a monster or some other related spooky/monster/haunted house type of theme. Use your imagination and have fun!



Techniques #4

Principle:

- Explain it – Demo it – Have them practice it in simulated setting.
- Deeper learning when “Doing”.
- Aim for active engagement in practicing the task or activity.

Presentation Skills

Stretching Words:

- ✓ slows you down,
- ✓ changes the pace,
- ✓ makes what you say more interesting – or theatrical

Demonstrate: Stretching

Doonnnn't BE A
SUCKER... keep the
tobacco industry out of
your pocket.

Try Stretching

DON'T BE A SUCKER...
keep the tobacco industry
out of [your] *yourrrrr*
pocket.

Try Stretching

Host 1: Hello folks! Your listening to radio station WY2Y.

Host 2: And now it's time for our question of the day...

Technique #5

Principle:

**What they practice;
is what they will do.**

Coaching Techniques

Principle #5:

When Practicing Skills:

*Simulate actual
circumstances as closely as
possible.*



Simulate Actual Circumstances:

EXAMPLE:

- Simulating a Press Conference



Coaching Techniques

- If visuals are used in a Press Conference, we practice including anyone who will be holding a visual doing *exactly* what they will do for the real thing.



Technique #6

Use Active Engagement in:

- (1) Practicing Skills AND/OR
- (2) to insure understanding of concepts:

We call it:

APPLIED PRACTICE

Applied Practice to test Learning of Concepts:

- **FOR EXAMPLE: Showing students examples of media and asking:**

What's the Goal, Setting or Target Audience?

Applied Skills

*Tell us the Goal,
Target Audience, or
Setting of the
following examples:*

*What overall goal
could this
message support?*



*What is the setting
of this media?*

Applied Practice:

- Or identify the type of question.



Types of Questions

– Open-ended Questions:

What are all of you up to today?

Is there anything else you want me to know?

Types of Questions

– Personal Questions:

Why was being involved in this event today important to you?

What did this experience mean to you?

Questions: Applied Practice

What type of Question is this:

*So tell me about your
event that's happening
today.*

Questions: Applied Practice

What type of Question is this:

*So tell me about your
event that's happening
today.*

OPEN ENDED

Questions: Applied Practice

What type of Question is this:

Why do you feel it's important to take e-cigarettes?

Questions: Applied Practice

What type of Question is this:

Why do you feel it's important to take on e-cigarettes?

PERSONAL



*Best Practices:
Program Foundation*

Admin Practices Associated with Success

• Two Advisers

- Application Form
- Email contact/ distribution list
- Weekly email contact
- Parents get the emails as well
- Sustained Recruitment
- Weekly meeting (generally)

Admin Practices Associated with Success

- Two advisers
- **Application Form**
- Email contact/ distribution list
- Weekly email contact
- Parents get the emails as well
- Sustained Recruitment
- Weekly meeting (generally)

Best Practices: Application Form & Waivers

[INSERT GROUP NAME]

APPLICATION FORM

Student Name: _____
Address: _____ Zip _____
DOB: _____

Home Telephone #: _____
Cell Phone: _____
Is it OK to text Team info to that #? _____

E-Mail address: _____ (write clearly please)
Grade this year: _____

What school do you attend? _____
Parent's Info (complete where applicable):

MOTHER/ Guardian

Name: _____

Tel. W: _____

H: _____

Email: _____

Cell: _____

Other: _____

FATHER/ Guardian

Tel. W: _____

H: _____

Email: _____

Cell: _____

Other: _____

Admin Practices Associated with Success

- Two advisers
- Application Form
- **Email contact/ distribution list**
- **Weekly email contact**
- **Parents get the emails as well**
- Sustained Recruitment
- Weekly meeting (generally)

Admin Practices Associated with Success

- Two advisers
- Application Form
- Email contact/ distribution list
- Weekly email contact
- Parents get the emails as well
- **Sustained Recruitment**
- **Weekly meeting (generally)**

Targeted Recruiting

Targeting specific individuals:

- Who are known to you.
- Asking staff to recommend likely students who can be approached to join.
- Existing student members recommend likely candidates or members reach out to them directly.

“Open Net” Recruiting

Broad, general distribution of info about the group, its availability, how to join and the nature of the commitment:

- In-school announcements
- Posters / flyers
- Emails to homes from the school
- Local and/ or school newspaper
- Presentations / assemblies to students



The First Meeting

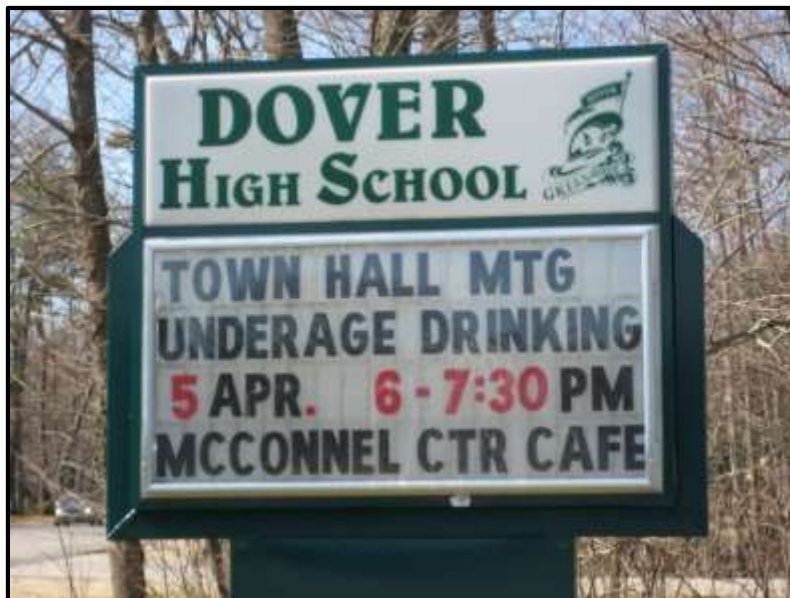
- **Include:**
 - **Introductions;**
 - **Something that breaks the ice / team-building.**
 - **Something that explains what the group is about**
 - **Describe what the student will do if they stay in the program.**
 - **A short educational video or other element.**
 - **Engage them in something that is part of the action the group will take.**
 - **And yes... snacks and food are good.**



*Section #8:
Coordinating with Your
Coalition*

Support of Projects

- Town Hall Meeting
- Drug Take Back Events



Support of Messages

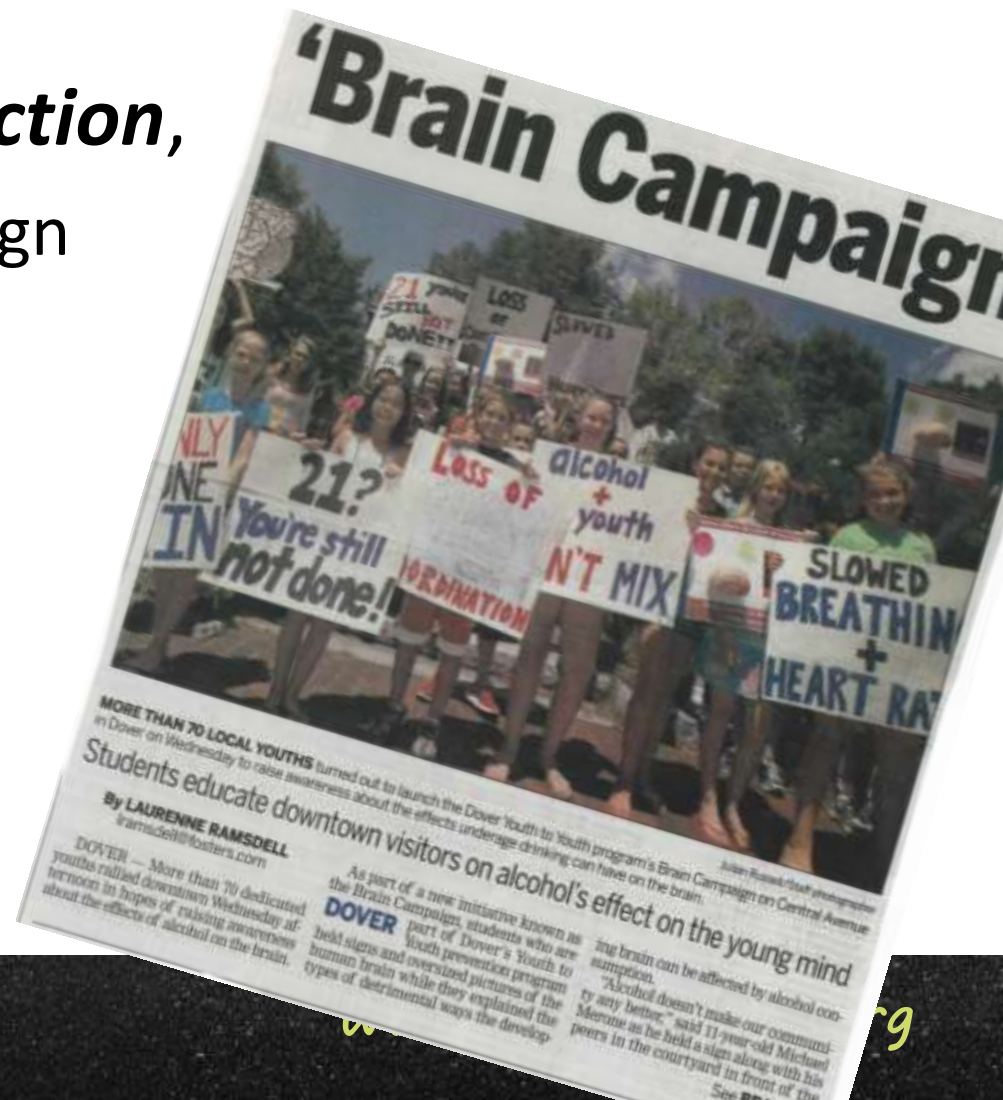
- Using Survey Data
- Social Norming Message
- Turning Message into a Campaign



Taking Action: Long Term Campaigns

- Taking longer term **Action**,
 - Conducting a Campaign
 - For Example:

Module 3C-4



BRAIN CAMPAIGN MESSAGE

Alcohol affects ALL parts of your brain.



**When it comes to Grey Matter,
it ALL Matters.**

For more information on Alcohol and the Brain visit www.DoverCoalition.org



Value of Youth Empowerment to DFC Grant

- Required Sector
- Impact on Match Requirement
- Outputs to Report in DFC-Me



*Conclusion and
Resources*

DOVER
NEW HAMPSHIRE
Youth **2** Youth

Dana Mitchell

Office: 603.516.3274

Cell: 603.817.9773

d.mitchell@dover.nh.gov

Dover Police
46 Chestnut Street
Dover, NH 03820

www.DoverY2Y.org

How We Can be a Resource?

Dana Mitchell

d.mitchell@dover.nh.gov

DoverY2Y@dover.nh.gov

603-516-3274

www.DoverY2Y.org

Closing Out Today:

- Our Web Site **DoverY2Y.org**
- YouTube Channel **DoverY2Y**
- Recordings of Training (Vimeo)
- No Charge to email:
 - A PSA script
 - An mp3
 - A theatrical skit



www.DoverY2Y.org

Zombie Palm Cards

Dover, NH



North Platte, NE



Zombie Palm Cards

Dover, NH

Zombies are scary but so are the dangers of prescription drug abuse.



1 in 5 teens have abused medication.

70% of teens who have abused a prescription drug took them from friends or family.

Have you thought about who is in your medicine cabinet?

Turn in your unused, unneeded or expired medications.

Saturday, September 29th from 10am-2pm

Dover Police Department - 46 Locust Street, Dover NH

More info at DoverCoalition.org or DEA.gov.

North Platte, NE

Zombies are scary but so are the dangers of prescription drug abuse.



70% of teens who have abused a prescription drug took them from friends or family

Have you thought about who is in your medicine cabinet?

Turn in your unused, unneeded, or expired medications.

The 3rd Saturday of every month, 11:00-1:00

Platte River Mall

www.CommunityConnectionslc.org

Closing Out Today:



- **Annual Webinar Series on Youth Empowerment**
 - 4 or 5 webinars a year
 - Various topics
 - No charge



Closing Out Today:

- Webinars
- Our other resources
 - Site visits here
 - Zoom assistance and guidance
 - Email samples and examples for free
 - The Toolkit
- Q & A Using the “Chat” feature



The Toolkit

The One Voice Youth Empowerment Toolkit:





*Implementing Youth
Empowerment*