

Expanding the Prevention Workforce: Washington States Prevention Fellowship

Washington State Division of Behavioral Health and Recovery
Substance Use Disorder Prevention and Mental Health Promotion Section

Welcome



**Tsion
Beshah**

Phase 3 Fellow

Cohort 11



**Leah
Marcotte**

Phase 3 Fellow

Cohort 11



**Gavin
Mina**

Phase 3 Fellow

Cohort 11



**Yonathan
Zerfu**

Phase 3 Fellow

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Objectives

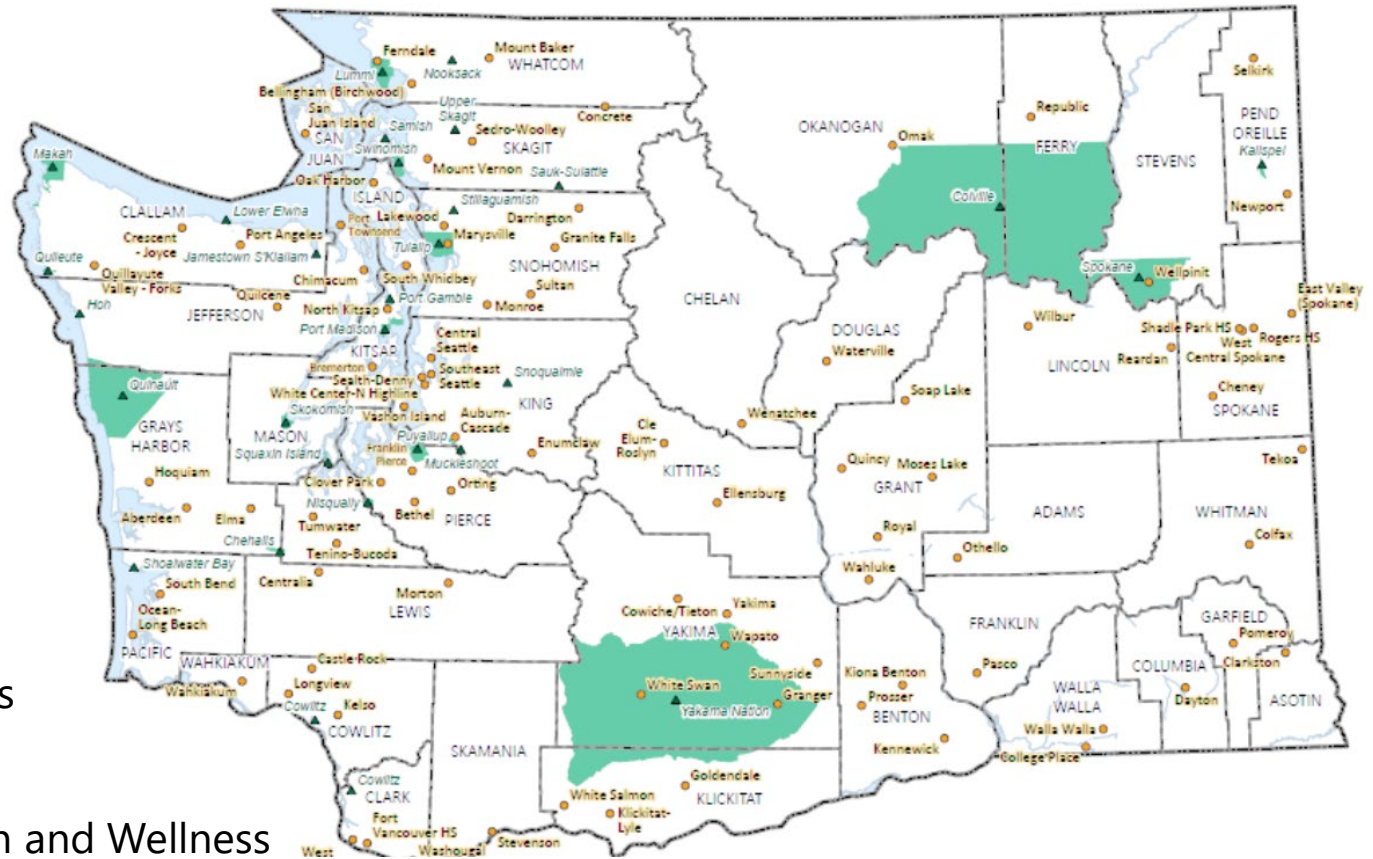


Prevention
Framework

Workforce
Development

Fellowship
Outcomes

WA State Prevention Communities

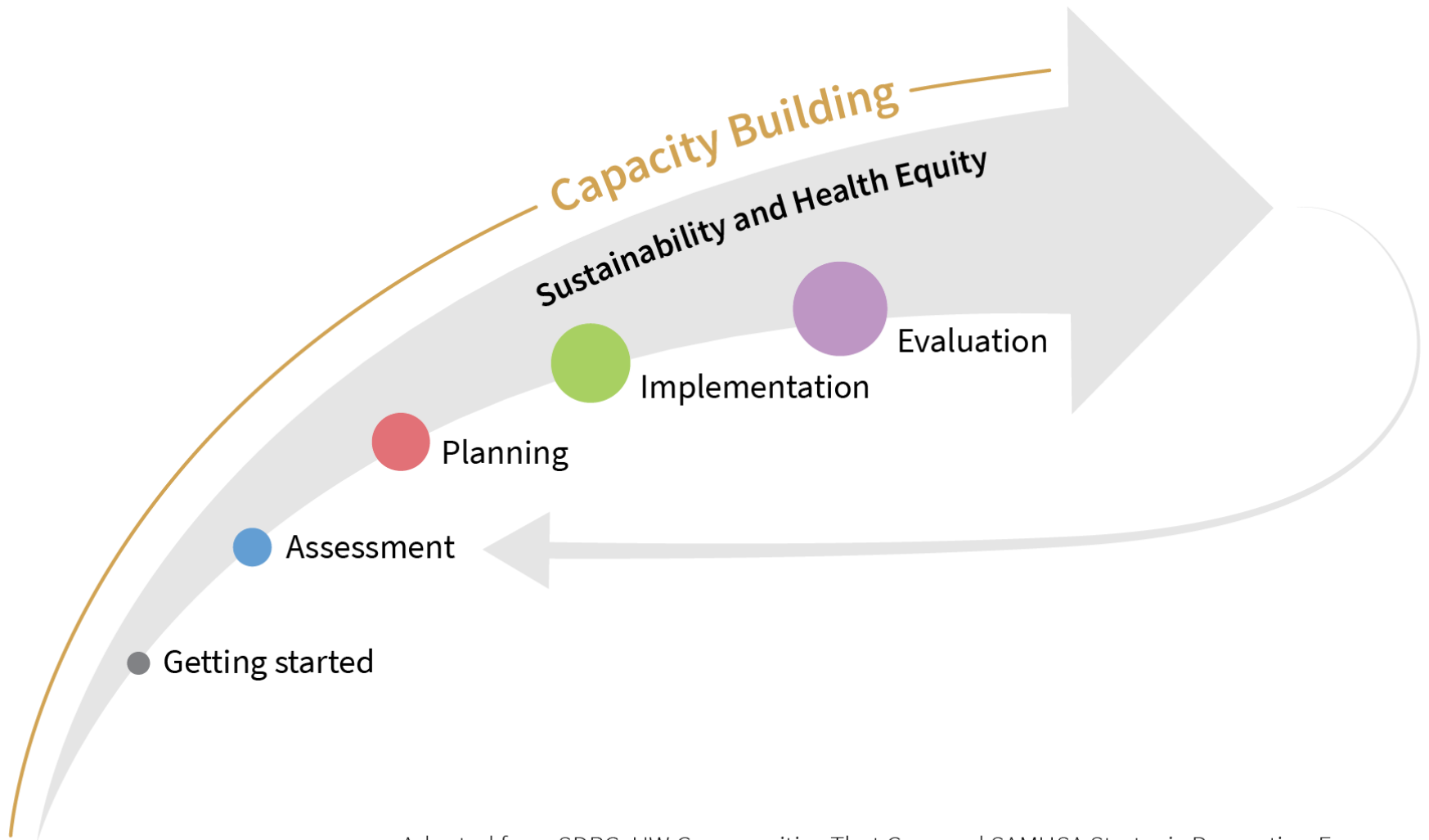


- 100 CPWI coalitions
- 91 School districts
- 26 Tribal Prevention and Wellness programs
- 30 Community-Based Organization

What is CPWI?

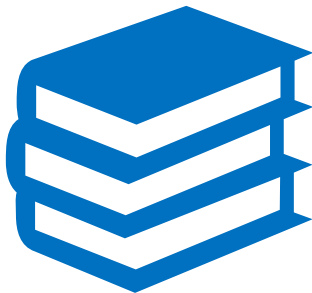
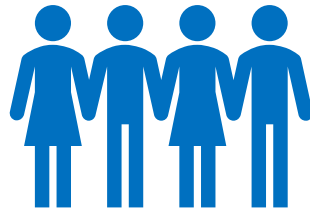
- ▶ Goal is to prevent and reduce youth substance use and substance use disorders
- ▶ It is a community and school-based model focused on:
 - ▶ Building healthy and safe environments
 - ▶ Expanding quality prevention services in community and school settings with highest risk
 - ▶ Empowering people to make healthy choices
 - ▶ Eliminating health disparities

Washington State Prevention Planning Framework



Adapted from SDRG, UW Communities That Care and SAMHSA Strategic Prevention Framework

Partnerships



- Local prevention advocates
- Schools
- State Agencies
- County and Public Health Departments
- Universities

Washington State Workforce Development

Goals

- Enhance capacity of current prevention practitioners at the local and state levels
- Bring people into the prevention field

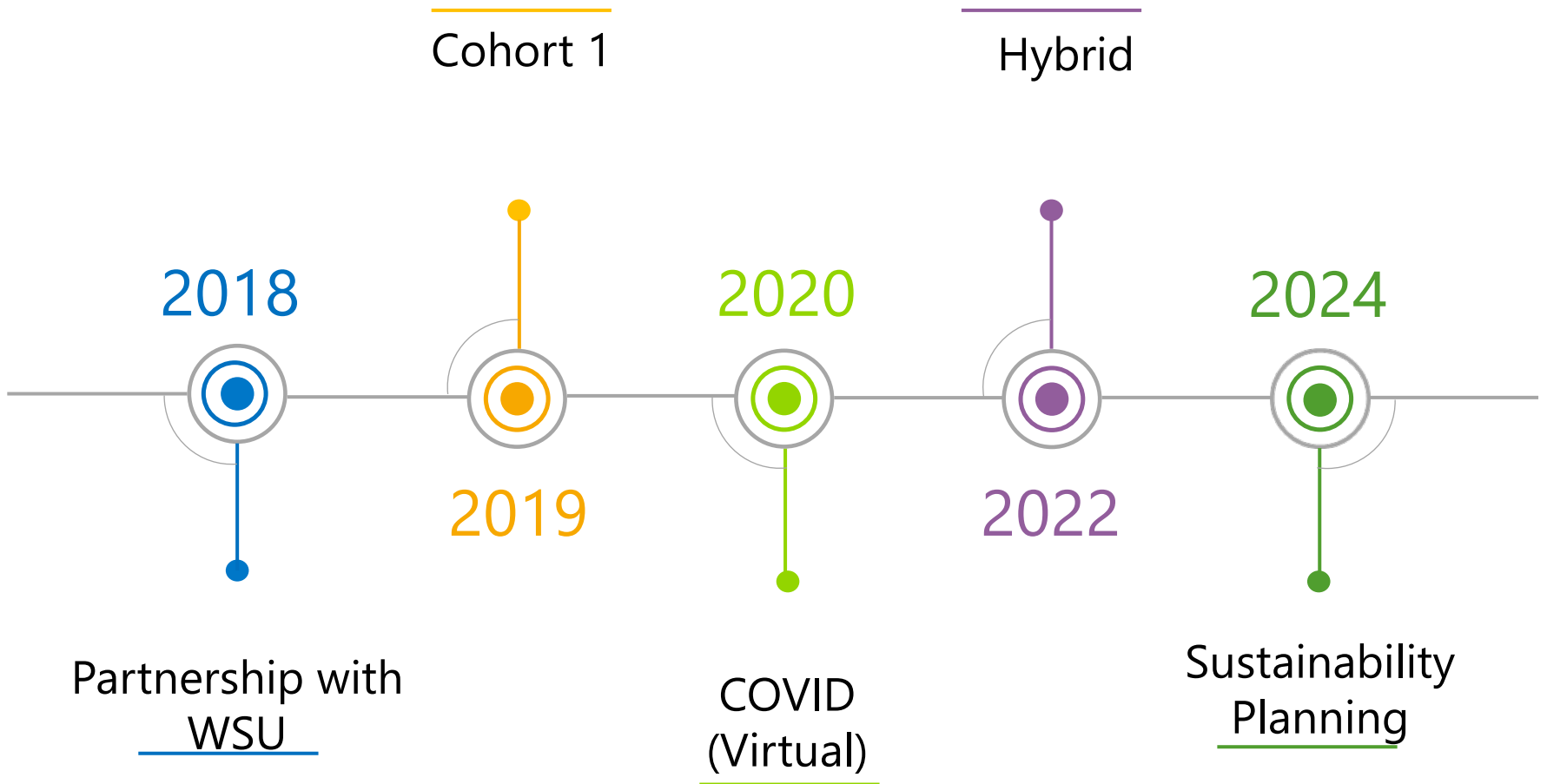
Strategies

- Summer High School Prevention Internship (EWAHEC)
- Prevention Fellowship (WSU)
- Graduate Fellowship (WSU)



Genesis of The Fellowship Program

TIMELINE



CPWI Prevention Fellowship



CAPACITY
BUILDING

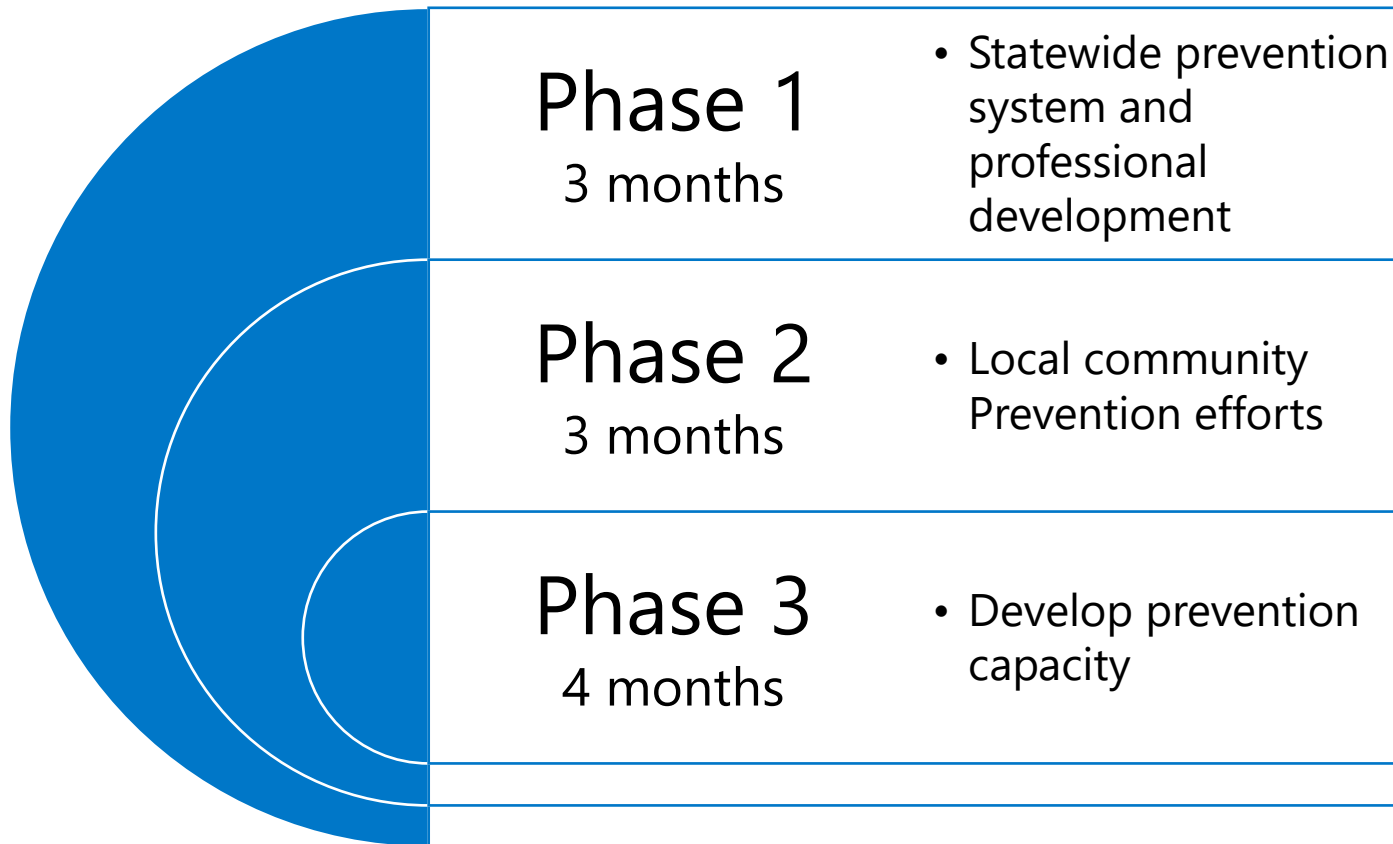


WORKFORCE
DEVELOPMENT



VISION

CPWI Prevention Fellowship Structure



Phase 1 Objectives



Learn the mission & approach of HCA/DBHR at HQ in Olympia, WA



Gain understanding of WA State prevention services



Learn skills to be effective in working with staff and clients



Develop professional network and skills for pursuing a career in this field

Phase 2 Objectives



LEARN THE MISSION &
APPROACH OF A
CPWI COALITION



GAIN HANDS-ON
EXPERIENCE WITH THE
DELIVERY OF PREVENTION
SERVICES



LEARN SKILLS TO BE
EFFECTIVE IN WORKING
WITH COMMUNITY
PARTNERS



DEVELOP PROFESSIONAL
NETWORK
WITHIN COMMUNITY

Phase 3 Objectives



Develop a future coalition and identify key leaders



Experience community programming implementation

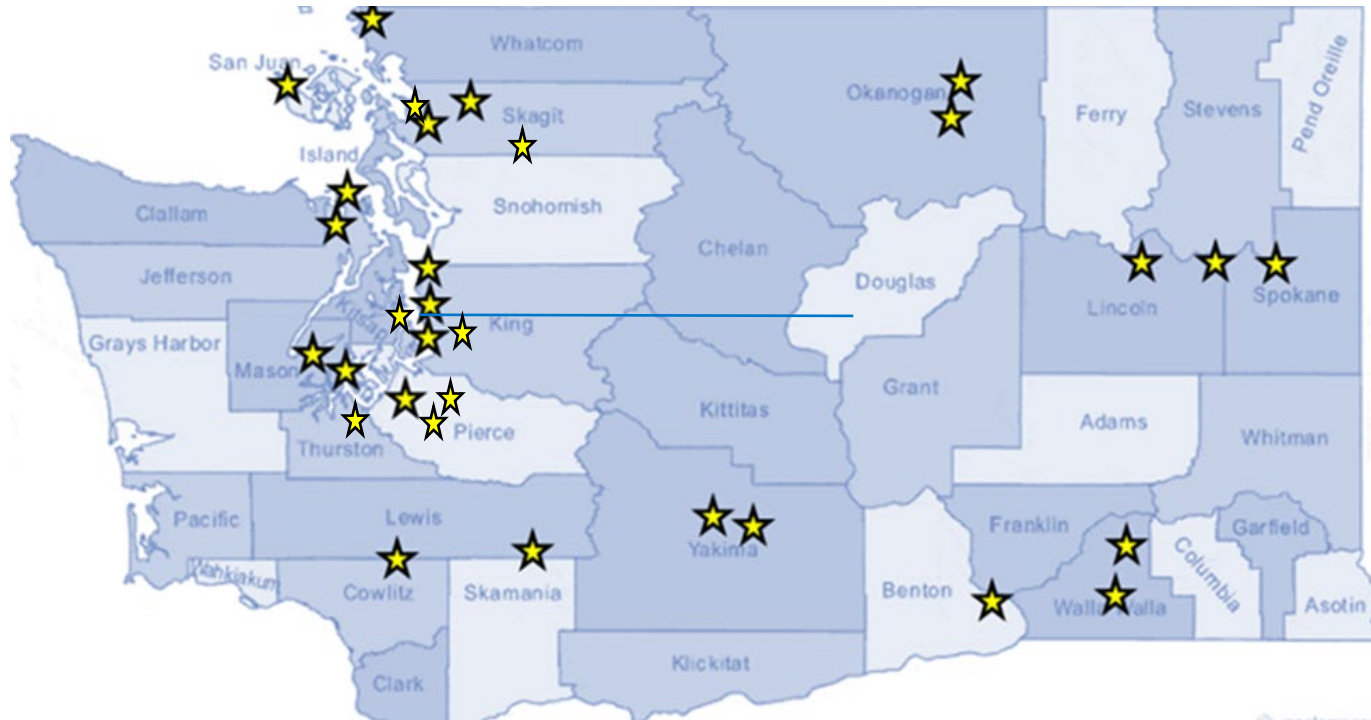


Engage community partners in the conversation about prevention



Gain professional skills, respond to an RFA, career development opportunities in community

Fellow Placements

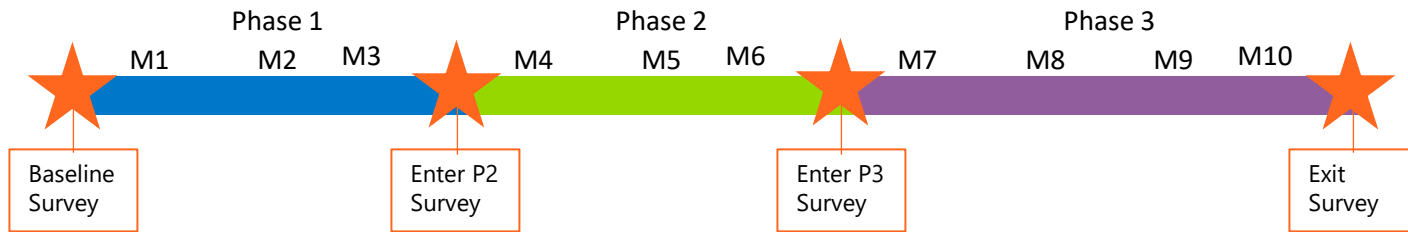


Each star represents a CPWI community a fellow has engaged in capacity building and expanded prevention services

Fellowship Outcomes

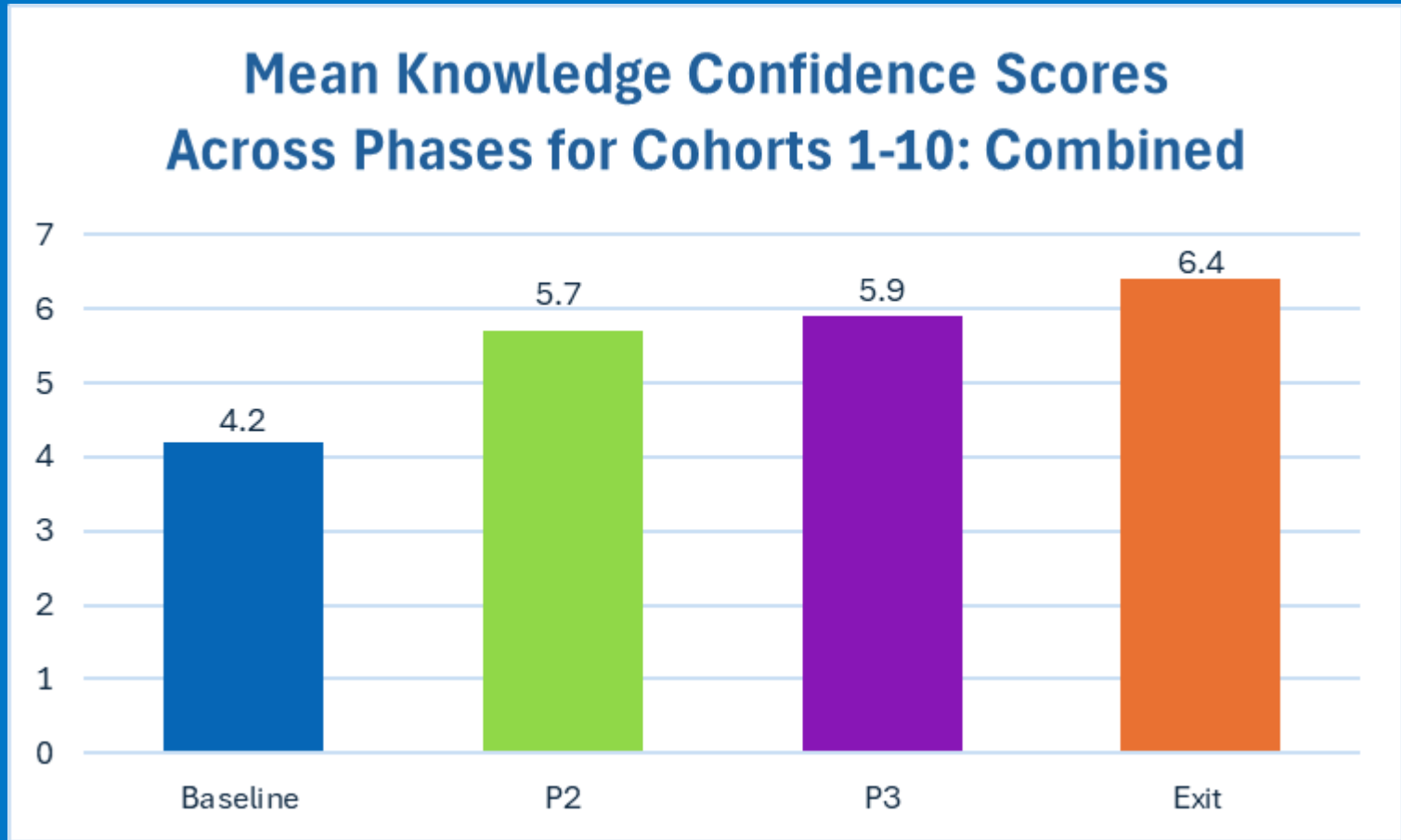


Surveys

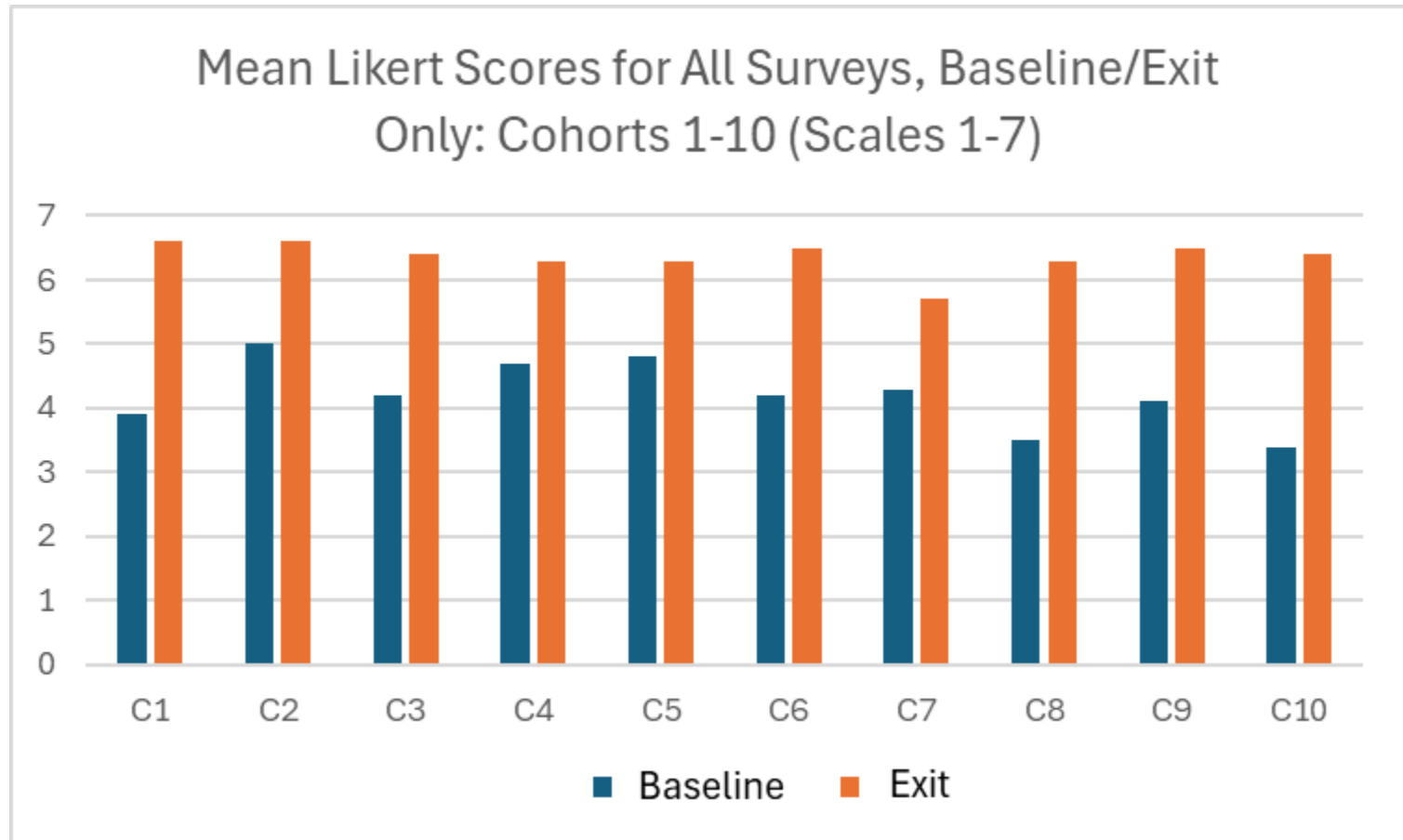


Surveys are given to assess confidence in knowledge of prevention
at the micro, meso, and macro levels
Skills and resources necessary to support coalitions
Relevant professional skillsets

Baseline to Exit Confidence Scores

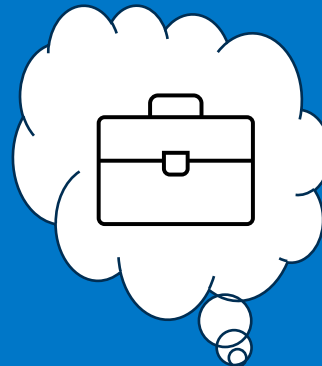


Knowledge Confidence Increase



Baseline Comments

What are you most excited about for your experience in the fellowship?



Qualitative Data

Challenges

Transition from Phase 2 to
Phase 3

Inconsistent job duties
across each phase

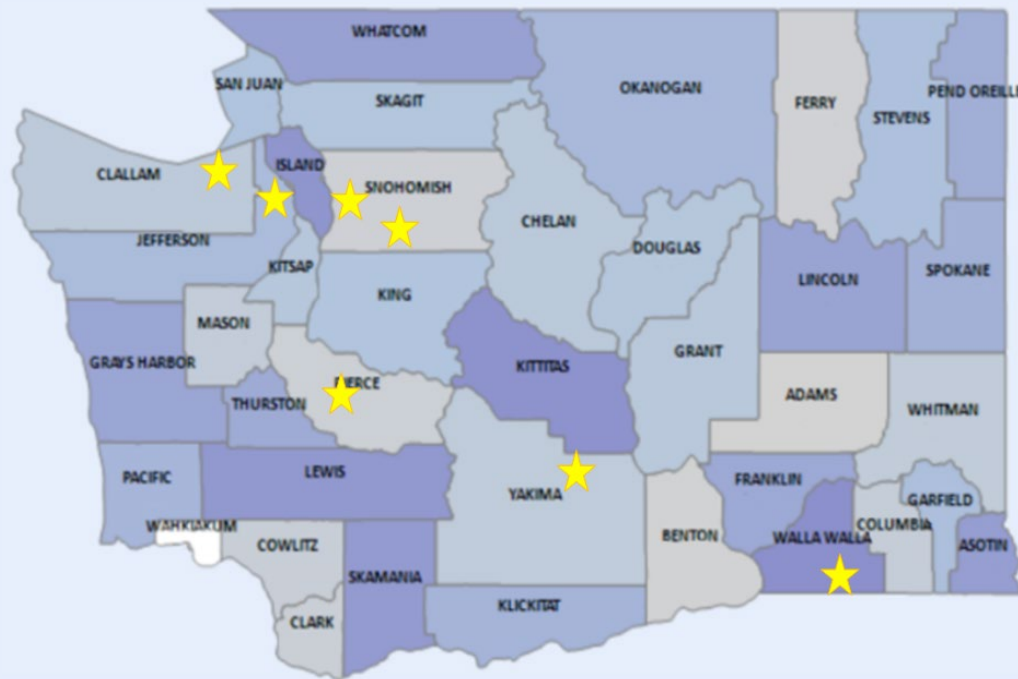
Financial Concerns

Rewards

Networking:
Relationship-building
Career progress
Personal Growth
Mentorship
New Skills
Cultural Humility
Developing work ethic
Problem Solving



New CPWI Coalitions



7 New CPWI communities exist where a fellow spent Phase 3

Where are they now?



Prevention
Professionals



Continuing
Education



Working
in Related
Fields

Questions



Thank You!!



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